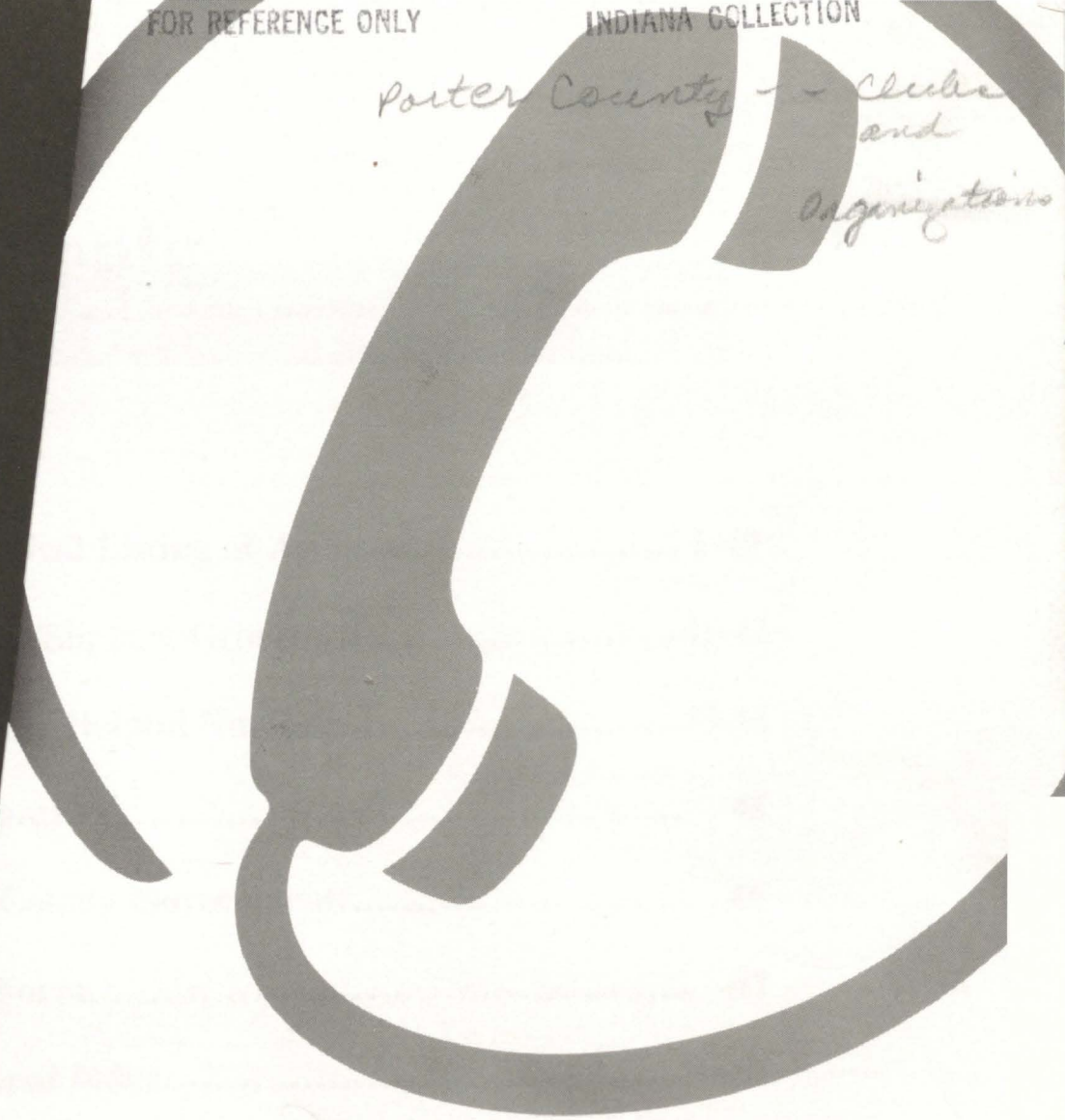
FOR REFERENCE ONLY INDIANA COLLECTION

Porter County -- Clubs and Organizations

PORTER COUNTY

United Way



# 1993-95

# RESOURCE DIRECTORY

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# Preface

The Porter County Resource Directory has been compiled to assist you in utilizing community resources. The first Resource Directory, printed in 1977, was the realization of a goal set by the Porter County Council of Health & Social Services at its formation in 1969. The Childhood Mental Health Committee of the Mental Health Association saw the need for schools and agencies dealing with children to have a complete listing of resources. The two organizations joined forces and with a special allocation from the United Way of Porter County printed the first directory.

The seventh edition, 1993, of the Directory was compiled through the efforts of the United Way of Porter County staff. Additional copies are available through the Mental Health Association and the United Way of Porter County. Funding was provided by the United Way of Porter County and the Porter County Council of Health and Social Services.

A special thanks to Ron Maihofer for the cover design.

DISCLAIMER - Inclusion of a program and/or agency in this directory does not necessarily indicate, nor imply, United Way of Porter County's intention to fund or endorse that program. Inclusion of an agency in this directory indicates that the agency services Porter County people.

*ADULT BASIC EDUCATION (SEE PORTAGE ADULT EDUCATION)*

*AID TO FAMILIES WITH DEPENDENT CHILDREN*
*(AFDC - SEE PORTER COUNTY DIVISION OF FAMILY & CHILDREN)*

*AARP - SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM*
2912 E. 83rd Place 942-4097
Merrillville, IN 46410

**Contact:** Lois J. Cox, Project Director
**Office Hours:** 8:30 a.m. - 4:30 p.m. Monday - Friday
**Eligibility & Fees:** 55 years or older and qualify under Federal Poverty Income Guidelines. Funded from Title V under the Older Americans Act.

Clients from Lake and Porter Counties are placed in non-profit or public service host agency positions for 20 hours per week to receive on the job training. During this period of temporary employment, clients work with the SCSEP Project Director and staff to locate permanent part-time or full-time employment, either at the host agency or with a private or public employer.

*AFFILIATED NUTRITION CONSULTANTS*
1651 Thornapple Circle 477-5949
Valparaiso, IN 46383

**Contact:** Michele Murphy Wise, R.D.
Barbara A. Zonakis, R.D.
**Office Hours:** 9:00 a.m. - 5:00 p.m. by appt. only M-F
**Eligibility & Fees:** Physician referral for dietary counseling preferred.

Services include nutrition assessment and evaluation, computerized dietary analysis, individual nutrition counseling, weight management, family nutrition counseling, community or club sponsored nutrition programs, workshops and lectures, consultation services to long term health care facilities, and current nutrition information. Affiliated Nutrition Consultants are Registered Dietitians.

*AGAPE CHRISTIAN COUNSELING CENTER*
5785 Mulberry Ave. 763-4767
Portage, IN 46368

**Contact:** Jeff Robertson, M.A., CCSW, Director
**Office Hours:** By appointment only.
**Eligibility & Fees:** Services provided to adults, adolescents and children with fees based upon income, insurance resources (commercial, medicaid, medicare insurance accepted) with sliding scale fees accepted.

Providing Christian counseling to adults and children in individual, couple, family and group psychotherapy. Specializing in the treatment of: abuse/dysfunctional family issues, couple separation/divorce mediation, adolescent/child emotional and conduct problems, and personal faith/religious issues.

*AIDS TASKFORCE OF LAPORTE/PORTER COUNTY*
P O Box 5010 926-5555
Chesterton, IN 46304

**Contact:** Jan Garvey, President
**Office Hours:** N/A
**Eligibility & Fees:** No fees. Volunteer agency works with grant

funding, donations and fund raising.
AIDS Taskforce has weekly support groups for HIV infected individuals and their families or friends. Educational presentations to any group or community organization are available. There is a Buddy Program with a 24-hour hot-line.

***AMERICAN CANCER SOCIETY***
821 E. Lincolnway 464-2895
Valparaiso, IN 46383

**Contact:** Ted Prange, District Representative
**Office Hours:** 9:00 a.m. - 1:00 p.m. M-F (afternoons by appt.)
**Eligibility & Fees:** Applicants requesting services or rehabilitation programs must be a cancer patient or family member. Educational programs and materials are available to lay and professional persons, schools, companies and clubs. All services free of charge. The Society is funded by contributions from individuals, businesses and organizations.

The Porter County Unit provides the following services: a) Information and referral; b) Gifts and Loans - hospital beds, wheelchairs and other sickroom equipment; c) Transportation to physician's offices or treatment centers; d) Colostomy supplies, turbans for cancer patients; e) Rehabilitation--- e-1) Reach to Recovery a visiting service by and for women who have had breast surgery; e-2) Ostomy Group - a visiting service by and for persons experiencing ostomy surgery; e-3) Lost Chords - a self help group for persons experiencing laryngectomies; e-4) "I Can Cope" - support session for cancer patients and their families; f) Fresh Start quit smoking workshop; g) Cansurmount - a visitation program for cancer patients; h) Road to Recovery - transportation provided to cancer patients for cancer treatment. The society provides community and professional education and funds research in cancer treatment. A toll free number 1-800-227-2345 provides the latest up-to-date cancer information.

***AMERICAN RED CROSS, PORTER COUNTY CHAPTER***
755 W. Lincolnway 465-7269
Valparaiso, IN 46383

**Contact:** Sina Hickman, Executive Director
Christine Clark, Blood Services Director
Nancy Padgett, AIDS Education & Awareness Director
**Office Hours:** 9:00 a.m. - noon, 1:00 p.m. - 4:00 p.m. M-F
**Eligibility & Fees:** No fees for Porter County residents. Funded by the United Way of Porter County.

The American Red Cross provides the following services: Blood Program provides free blood for all Porter County residents regardless of where hospitalized, if acceptable by hospital. Disaster Preparedness and Relief. Service to military families includes emergency communications, counseling, and financial assistance. First Aid & Water Safety classes.

***ANSWER FOR PREGNANCY AID***
712 N. Colonial Dr., P O Box 157 947-2272
Hobart, IN 46342

**Contact:** Mary Jane Manfred, Listener
**Office Hours:** 9:00 a.m. - noon M-W, 8:30 a.m. - 11:30 a.m. Sat.
**Eligibility & Fees:** $15 deposit for cribs, refunded upon return of crib. Funded by donations, Catholic Charities, and Illiana RTL.

The Answer is a not-for-profit, non-denominational, community service organization providing assistance and alternatives to anyone involved in a troubled or unplanned pregnancy. The Answer makes medical, legal spiritual, financial, housing, adoption, and professional counseling referrals. Services provided include pregnancy testing, non-judgmental listening, information, baby items, maternity items, and bilingual speakers. Strict confidentiality is maintained.

***THE ARK***
475 Broadway, Suite 508 882-0021
Gary, IN 46402

**Contact:** Catherine Jackson, Supervisor
**Officer Hours:** 24 hours - 365 days a year
**Eligibility & Fees:** Accepted residents must pay Section 8 rent once income has been established. All other expenses, except food, are covered by the program.

The Ark is a long term transitional facility for homeless women and their children located in Gary. It provides on-site GED classes and comprehensive displaced homemaker skills programs along with group support sessions.

***BANTA SENIOR CENTER***
605 Beech Street 462-1301
Valparaiso, IN 46383

**Contact:** Pat Peters, Director
**Office Hours:** 8:00 a.m. - 5:00 p.m. Monday - Friday
**Eligibility & Fees:** Persons age 55 and over. The Center is sponsored by the Valparaiso Department of Parks & Recreation and is a United Way Agency. A yearly membership fee of $10 ($9 Valparaiso residents) runs from May 1st to May of the following year. Although there are some occasional fees for special programs, the membership fee does afford discounts for paid members.

Banta Senior Center is operated to provide persons age 55 and over the opportunity to participate in numerous educational, social and recreational activities, both active and passive. The Center is open as a drop-in site, for those who want to come in and visit, play pool, bridge, pinochle or read. At the same time, Banta offers a well rounded schedule of activities and regular daily programs including exercise, health screening, a nutrition site, dancing lessons, arts & crafts, informative speakers, etc.. Special events are held throughout the year. Banta also offers an extensive trip program, with both one day and extended tours. During tax season, free tax assistance is available to Senior and low income persons. Monthly activity calendars and trip brochures are available at the Banta office.

***BAPTIST CHILDREN'S HOME & FAMILY MINISTRIES, INC.***
354 West Street 462-4111
Valparaiso, IN 46383

**Contact:** Jim Geurink, Executive Director
Wayne Yocum, Director of Indiana Ministries
**Officer Hours:** 8:00 a.m. - 5:00 p.m. Monday - Friday
**Eligibility & Fees:** Dependent and neglected children are eligible for residential care. Unmarried pregnant women are eligible for residential maternity care. Clients are responsible to pay for service dependent upon ability to pay. Funded by Baptist Church; services not limited to members of Baptist Church.

Child care services include six residences, each with facilities to accommodate eight children. Agency also provides foster family care, maternity care for unwed pregnant women residential or in their own homes. Family counseling is within the framework of Biblical Christianity. Staff is available for presentations to the community.

***BETTER BUSINESS BUREAU OF NORTHWEST INDIANA*** 980-1511
4231 Cleveland 769-8053
Gary, IN 46408 1-800-637-2118

**Contact:** Morris W. Cochran, CEO
Stephen Sajko, Admin. Assistant
**Officer Hours:** 9:00 a.m. - noon, 1:00 p.m. - 4:00 p.m. M-F
**Phone Hours:** 10:00 a.m. - noon, 1:00 p.m. - 3:00 p.m. MTThF
Wed. 10:00 a.m. - noon
**Eligibility & Fees:** None

The Better Business Bureau handles complaints and inquiries regarding businesses and charities.

***BIRTHRIGHT OF VALPARAISO***
23 E. Lincolnway 462-3502
Valparaiso, IN 46383

**Contact:** Cecile Hush, Director
**Officer Hours:** 10:00 a.m. - 1:00 p.m. M-W-F
1:00 p.m. - 4:00 p.m. Tuesday
**Eligibility & Fees:** No fees for pregnancy related problems. Funded by donations and fund raisers.

Birthright is a support group for women facing a crisis pregnancy. Birthright provides free pregnancy testing, counseling, medical referrals, legal assistance referral, maternity clothing, and infant clothing to needy expectant women. Services provided by volunteers.

***BOYS AND GIRLS CLUBS OF PORTER COUNTY***
354 Jefferson, P O Box 254 464-7282
Valparaiso, IN 46383 462-2182
723 Long Run Road 759-2565
South Haven, IN 46383

**Contact:** Charles Leer, Executive Director
**Officer Hours:** 9:00 a.m. 5:00 p.m. M-F, (club hours vary in winter and summer)
**Eligibility & Fees:** Porter County youth between the ages of 6 and 18. Annual membership fee is $15. Funded by the United Way of Porter County, a private foundation, programs fees and agency fund raising.

Boys & Girls Clubs is a guidance based organization. Programs offer services in seven core areas: Citizenship and Leadership Development, Personal Adjustment, Social Recreation, Outdoor Education, Physical Education, Cultural Enrichment, and Child Care.

***CAMPUS LIFE & CAMPUS LIFE JV***
2505 Valley Dr., P O Box 1064 462-3000
Valparaiso, IN 46384

**Contact:** Dave Bauer, Exec. Director/Counselor
**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Any teenager is eligible, no fees. Funding is through donations from individuals, businesses, and churches.

Through two programs, Campus Life and Campus Life JV, students are encouraged to consider the spiritual side of their lives and helped to

mature into responsible well-rounded adults. Individual counseling on an informal basis, small group character building, large group social functions, high adventure trips, camping and other sports are offered.

***CARESOURCE***
c/o Pavilion Nursing & Rehab. Center 464-4976
606 Wall Street, Valparaiso 926-8070 (pager)

**Contact:** Jane Bryant
**Office Hours:** 9:00 a.m. - 5:30 p.m.
**Eligibility & Fees:** No fees.

A professional health care resource service that assists physicians, agencies, businesses, and individuals with health care concerns. Some services provided are educational information, assistance with long term care issues, updates on government ECF guidelines, community agency referrals, counseling for families, speakers bureau & seminars, one-on-one senior advising, at home assessments, assistance in ECF admissions, and medicare & medicaid information.

***THE CARING PLACE, INC.***
426 ½ Center St., Suite D 942-8027
Hobart, IN 46342-4432 (Crisis) 1-800-933-0466 464-2128

**Contact:** Janet French, ACSW Executive Director
**Officer Hours:** 9:00 a.m. - 5:00 p.m. M-F, 24-hour/7 day crisis
**Eligibility & Fees:** Victims of domestic violence or sexual assault and their dependents. No fees for any services. Funded by Indiana Domestic Violence Prevention and Treatment Funds, Title XX, Indiana Criminal Justice Institute, Federal Emergency Shelter Funds, Lake Area and Porter County United Ways, the Anderson Foundation and other private sources.

The Caring Place offers 24-hour safe shelter and crisis intervention, as well as community-based support groups; community education; counseling; advocacy with legal, social service and entitlement systems; sexual assault survivors; children and youth services.

***CATHOLIC FAMILY SERVICE***
2967 Willowcreek Rd. 762-1177
Portage, IN 46368

**Contact:** Victor Rini, ACSW Caseworker in charge
**Officer Hours:** 9:00 a.m. - 5:00 p.m. W-F, (evening counseling app. available)
**Eligibility & Fees:** Resident of Porter County, fees based on cost. Reduced fee scale available. No one refused service if unable to pay.

Catholic Family Service offers counseling to individuals, couples, families, and single expectant parents. Provides family life education; events for church or community organizations. Can also provide material aid.

***CEREBRAL PALSY OF N.W. INDIANA***
22 Tyler Avenue 962-5751
Hobart, IN 46342

**Contact:** Pat Starbuck, Program Director
**Office Hours:** 8:00 a.m. - 2:30 p.m. M-F
**Eligibility & Fees:** Sliding fee to $3/day maximum. Limited transportation. Agency is funded by Lake Area and Porter County United Ways. Agency serves children (1 yr. to 7 yrs.) and adults who have cerebral palsy and/or other types of multiple handicaps.

The agency provides an all day program (8:00 a.m. to 2:30 p.m.) which includes occupational, physical and speech therapy, guidance and counseling for parents, case findings, preschool programming and limited transportation.

***CHARTER HOSPITAL AND COUNSELING CENTERS OF NW INDIANA***
101 W. 61st Ave. & St. Rd. 51 1-800-722-4555
Hobart, IN 46342

**Contact:** Needs Assessment and Referral Center
**Office Hours:** 24-hour Crisis Phone Availability
**Eligibility & Fees:** Free assessments and initial consultations. Medicaid approved.

Charter Hospital of Northwest Indiana is a 60 bed mental health facility specializing in emotional and addictive disease problems in children, adolescents, and adults. Charter offers a full continuum of care including inpatient treatment, partial hospitalization and outpatient care. Outpatient centers are located in Merrillville and Hobart. A free and confidential assessment can be arranged by calling the 24 hour hot-line. Off-site assessment is also available.

***CHILD PROTECTIVE SERVICE (SEE PORTER COUNTY DIVISION OF FAMILY & CHILDREN)***

***CHRISTIAN CARE MATERNITY***
354 West Street 465-7777
Valparaiso, IN 46383

**Contact:** Becky Wood, Maternity Program Supervisor
**Officer Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Women are accepted regardless of age, race, or religion. Young ladies are encouraged to evaluate all alternatives for their future and their baby's future including adoption. Sponsored by Baptist Children's Home.

Christian Community Maternity Ministry has a two-fold program. Residential care is provided in a home located in Valparaiso which can accommodate six young women. It is supervised, group-style living. Medical care and counseling are provided. For young women choosing to live at home, we provide at-home counseling. Counseling consists of looking at all alternatives realistically and then working positively toward a chosen alternative.

***CHRISTIAN COMMUNITY ACTION***
351 S. College 465-1022
Valparaiso, IN 46383

**Contact:** Volunteer
**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** No fees. Anyone requesting information. Funded by private donations.

The purpose is to assist the homeless in obtaining necessities such as food, clothing, housing, and other support services.

***CHRISTIAN FOOD PANTRY/Asbury Center***
7 E. Chicago St. 462-5615
Valparaiso, IN 46383

**Officer Hours:** 10:00 a.m. - noon M&W
**Eligibility & Fees:** No fees. A cooperative food pantry supported by donations from First Christian Church, First United Methodist

Church, Trinity Lutheran Church, St. Andrews Episcopal Church, and other local organizations.

Christian Food Pantry provides emergency, short term food assistance to those in need.

***COMMUNITY SERVICE RESTITUTION PROGRAM (SEE PORTER COUNTY PACT)***

***CONSUMER CREDIT COUNSELING OF NORTHWEST INDIANA***

3656 Grant Street 980-4800
Gary, IN 46408 1-800-982-4801

**Contact:** Barbara Bibb, Executive Director

**Office Hours:** 9:00 a.m. - 5:00 p.m. M-Sat.

**Eligibility & Fees:** None. Funded through Lake Area United Way.

Consumer Credit Counseling assists families with excessive debts through services ranging from counseling and education in personal and family money management to pro-rate distribution of money to creditors. The agency helps to reduce the number of personal bankruptcies by providing sound alternative programs. It also helps to minimize garnishments and wage assignments by working with the attorneys. Branch offices in Chesterton, LaPorte, and Michigan City.

***CONTACT CARES OF NORTHWEST INDIANA, Inc.***

P O Box 10247 996-5439 769-3141
Merrillville, IN 46411 462-9880 374-7660

**Contact:** Jan Schoop, Executive Director

**Office Hours:** 8:00 a.m. - 5:00 p.m. Help-line 24-hours

**Eligibility & Fees:** No fees. Supported by Lake Area United Way, Porter County United Way, area churches, organizations, and individual contributions.

Contact Cares is a crisis intervention hot-line, information and referral service, serving Northwest Indiana. Hot-line calls are received by trained volunteers with supervision provided by specially trained personnel. Services include empathic listening as well as information and referral. Deaf Contact provides telephone-- telecommunications for the hearing impaired. Reassurance Contact makes daily phone calls at pre-arranged times, by volunteers, to those who are living alone, shut-ins, senior citizens, etc.. Tel-A-Friend is a telephone friend for latchkey children. Teen-To-Teen is a crisis line for teenagers, with calls answered by Teens. Telephone numbers for Teen-To-Teen are - 769-3278, 374-5437, 464-0226, 996-5437.

***CRISMAN RAINBOW, INC.***

6185 Old Porter Rd. 762-7075
Portage, IN 46368

**Contact:** Kelly Murphy, Director

**Office Hours:** 7:00 a.m. - 6:00 p.m. M-F

**Eligibility & Fees:** Food sponsor which offers services to licensed child care homes.

Crisman Rainbow provides education about nutritious meals to licensed child care homes. We also provide cash reimbursement to child care homes so they will be able to make nutritious meals and snacks for their enrolled children.

***DEAF SERVICES INC.***
6 E. 67th Ave. 769-6506 (voice)
Merrillville, IN 46410 769-8912 (TDD)

**Contact:** Georgene Duncan, Executive Director
**Office Hours:** 9:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Hearing impaired individuals in Lake and Porter Counties. No fee to clients. $28 per hour charge for interpreting services to organization or business that receives federal funds as mandated by Section 504 of the Rehabilitation Act and the American with Disabilities Act.

Deaf Services Inc., endeavors to bridge the communication gap between hearing impaired people and hearing people by offering instant communication through sign language interpreting services, casework counseling in order to resolve day to day problems, crisis intervention via a 24-hour TDD telephone relay service, sign language classes, deaf awareness presentations.

***DUNELAND HEALTH CENTER***
374 Indian Boundary Rd. 926-2663
Chesterton, IN 46304

**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F

Duneland Health Center is a full service clinic.

***ENERGY ASSISTANCE - UTILITIES HELP (SEE PORTER COUNTY COUNCIL ON AGING AND COMMUNITY SERVICES)***

***EUNICE BONNER SENIOR CITIZEN CENTER***
5800 Lexington 762-1522
Portage, IN 46368 762-3591

**Contact:** Ann Shore, Center Director
**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** No fees for riders; must be senior citizens. Members must be 55 years old, membership cost is $5. Some activities have a small charge connected with them. The Center is funded by the Portage Township Trustee.

The Senior Center serves as a meeting place for various Senior Clubs in Portage Township as well as providing programs and activities for senior citizens in the Portage Township area. The Center also serves Nutritional lunches on site as well as for the Portage Township area.

***FAMILY HOUSE***
203 N. Franklin St. 464-4160
Valparaiso, IN 46383

**Contact:** Patricia A. Tabor, Executive Director
**Office Hours:** 9:00 a.m. - 7:00 p.m. T-TH
9:00 a.m. - 5:00 p.m. Sat.
**Eligibility & Fees:** Visitation Program available to clients referred by court order. No fees for Porter County residents. Latchkey Seminars available to all families with children in grades 2-5 in participating schools in Porter County. Funded by County funds. No fees assessed. Transfer Service available to divorced parents. Minimal fee. Funded by County funds, Title 20 SSBG, United Way of Porter County and private donations.

Family House offers a visitation program that provides a neutral, home-like atmosphere for children to visit their non-custodial parents on a weekly basis. Latchkey Seminars provide instruction in child self-care

techniques to parents and their children. Seminars are held in various schools throughout Porter County. Transfer service provides a neutral place for divorced parents to exchange children for visitation with the non-custodial parent.

***FAMILY SERVICE ASSOCIATION OF PORTER COUNTY INC. (SEE PORTER COUNTY FAMILY COUNSELING CENTER)***

***FARMERS HOME ADMINISTRATION***
1555 S. St. Rd. 39, P O Box 516 326-5240
LaPorte, IN 46350

**Contact:** Steven K. Ballard, County Supervisor
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Agency serves clients with a limited income, in need of housing and farm loans. Funded through the United States Department of Agriculture.

The Farmers Home Administration, as an agency of the U.S. Department of Agriculture, provides financing for the purchase of housing in rural areas or small towns to low income families who are unable to obtain financing elsewhere. FHA also provides farm loans to those farm applicants who are unable to find financing through other sources.

***FIRST CONTACT INTERFAITH RESOURCE & REFERRAL MINISTRY***
406 E. Lincolnway 462-8332
Valparaiso, IN 46383

**Office Hours:** 9:30 a.m. - 12:00 p.m. M-F
**Eligibility & Fees:** No fees. Require proof of need. Funded by churches and private sources.

First Contact serves as a networking service for the area churches providing financial and practical assistance. First Contact directly links individuals in need with the appropriate resources.

***FIRST PRESBYTERIAN RESALE SHOP***
62 W. Lincolnway 462-4281
Valparaiso, IN 46383

**Contact:** Kathy Sargent, Shirley Lind, Devetta Walkowiak
**Office Hours:** 10:00 a.m. - 4:00 p.m. Tues. & Wed., Fri. & Sat.

First Presbyterian Resale Shop provides used clothing at reasonable prices, clothing for the needy are available in emergencies.

***FOOD STAMPS (SEE PORTER COUNTY DIVISION OF FAMILY & CHILDREN)***

***GARY COMMISSION FOR WOMEN***
475 Broadway, Suite 508 883-4155
Gary, IN 46402

**Contact:** Gloria J. Lowe-Walker, Exec. Director
**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** No fees, no eligibility requirements.

The Gary Commission for Women offers information and referral services as well as group presentations on a wide range of women's issues and provides a domestic violence shelter, The Rainbow (separate listing).

*GARY VET CENTER*
2236 W. Ridge Rd. 887-0048
Gary, IN 46408

**Contact:** Drew Brummel, MSW Clinical Coordinator
Earl Nicholson, BA Team Leader

**Officer Hours:** 9:00 a.m. - 9:00 p.m. T-TH 9:00a.m. - 5:30p.m. M-F

**Eligibility & Fees:** Vietnam, Lebanon, Granade, Panama, and Persian Gulf combat 3 one veterans and Vietnam era veterans with an honorable discharge are eligible for free services.

The Gary Vet Center is one of 189 counseling centers across the nation funded by Congress and administered by the Veterans Administration. Services offered include individual, marital, family and group counseling. Substance abuse and employment assistance are also offered. Information regarding veterans benefits along with other support and referral services are available.

*GLEN COVE APARTMENTS*
785-44 Juniper Road 759-4065
Valparaiso, IN 46383

**Contact:** Fred Burroughs, Manager
Patty Carroll, Leasing Agent

**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F

**Eligibility & Fees:** Rental charges are determined: 1) based on income, 2) basic rent, 3) market rent. Units available preferably to senior citizens.

Glen Cove Apartments are one bedroom units which include utilities and appliances.

*GOVERNOR'S COMMISSION FOR A DRUG FREE INDIANA*
502 Wall Street 462-0946
Valparaiso, IN 46383 Fax: 462-3975

**Contact:** Keith Harris and Don Parker, Directors

**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F

**Eligibility & Fees:** Funded by Criminal Justice Institute, Indiana Department of Mental Health, & Division of Addiction Services.

Services offered include coordination of community networks, presentations to schools and community organizations, location of prevention program information, program development, consultations, and technical assistance. The Northwest Regional office helps coordinate local prevention initiatives, assist groups in locating materials, and provides groups with presentations and training. The Prevention Resource Center (PRC) cooperates with the seven regional offices by providing resources to individuals, community organizations, schools and other institutions, volunteer groups and service agencies. The Northwest Regional office serves Lake, LaPorte, Porter, and Starke Counties.

*GREENWICH HOUSE*
351 S. College 462-0351
Valparaiso, IN 46383

**Contact:** Carolyn Preston, Program Director

**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F

**Eligibility & Fees:** Service for women age 18 or over referred by community mental health source. Fee based on resident's income. Funded by the United Way of Porter County, State Department of

Mental Health, and private contributions.
Greenwich House, sponsored by Christian Community Action, is a transitional facility for women learning to cope with emotional problems. A home-like, non-institutional environment offers maximum opportunity to learn skills necessary to achieve a self-sufficient lifestyle.

***HOME HEALTH SERVICE***
501 Marquette Street 462-5195
Valparaiso, IN 46383

**Contact:** Laura Harting RN, Executive Director
Lee Ann Deal, Program Director
JoAnn Souders RN, Clinical Director
Laurie Thimlar, Independent Living Assist. Coord.
Laurie Custer, Respite Care Coordinator
Pat Platt, Grants Coordinator
Arlene Lynch, Meals on Wheels Coordinator

**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Home health supportive services are available to people of all ages in Porter County. Payment for services differs by program and comes from various sources including: private pay, government grants, revenue sharing funds and United Way.

Programs of HHS include:

1. Respite Care: Provides temporary in-home relief care by trained workers for families who are caring for a dependent member (elderly; physically or developmentally disabled; chronically mentally ill; or recuperating from an illness). Also included is a Friend to Friend Program to link developmentally disabled individuals with college students. Funding for services is Private Pay. United Way, Social Services Block Grant and Indiana Department of Mental Health subsidy funds are available for families meeting financial and program guidelines.
2. Ill-Child In-Home Day Care: Provides an alternative that allows children to remain in their own homes during illness in the care of trained Respite Workers while allowing their parents the flexibility to fulfill their obligations. Funding for services is Private Pay with limited subsidy available for families who meet the financial criteria.
3. Private Duty: Provides hourly and round-the-clock care of individuals in their homes. Companions provide supervision, housekeeping, meal preparation and errands. Independent Living Assistants provide client-directed personal assistance along with housekeeping, meal preparation and errands. Home Health Aides provide hands on personal care including bathing, feeding, skilled care, transport and therapeutic exercises. LPNs and RNs are available under a physician's order to provide skilled services not payable by Medicare and Medicaid. Funding for services is private pay and may be payable by some private insurance.
4. Meals on Wheels: Provides therapeutic meals to individuals in their homes. Currently, delivery areas are restricted to city areas: Valparaiso, Portage, Hebron, Chesterton & Kouts. Individuals can purchase a hot meal for lunch at $3 per day and a cold sack supper at an additional $1.40. Funding for services is private pay with United Way subsidy available.
5. Homemaker/Handyman: Provides housekeeping and minor home repair.

Funding for services is private pay, United Way and Title XX subsidy funds are available for families meeting financial and program guidelines.

6. WIC-Women Infants and Children: Is a food supplement and nutrition education program and resource referral service for pregnant women, infants and children up to age 5. (see separate listing)

***HOMELESS REFERRAL/ADVOCACY - (SEE CHRISTIAN COMMUNITY ACTION)***

***HOMESTART (OPPORTUNITY ENTERPRISES)***

***HOSPICE OF PORTER COUNTY (SEE VISITING NURSE ASSOCIATION)***

***HOSPICE CENTER/MARY E. BARTZ***
3301 N. Calumet Ave. 462-0508
Valparaiso, IN 46383

**Contact:** Frank Frye, Executive Director
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Services are available to all persons diagnosed by a physician as terminally ill. Patient and family must accept Hospice concept of care. Fees are based on actual cost and subject to adjustment. May be paid through Medicare, Medicaid, private insurance, or private pay.

Specially trained staff and volunteers offer compassionate and holistic care to the terminally ill patient and support for family members. Focus is on enhancing the quality of life until the moment of death. Spacious and tastefully decorated living room, kitchenette, and library. Open visiting with accommodations for family overnights.

***IMMANUEL LUTHERAN CHURCH***
1700 Monticello Park Drive 462-8207
Valparaiso, IN 46383

**Contact:** Deaconess Darlene Mortimer (staff)
**Office Hours:** Food Pantry hours: 1:00 - 3:00 p.m. Tues. & Thurs. year round. Financial Assistance hours: 1:00 - 3:00 p.m. Tues.; Sept. through June
**Eligibility & Fees:** Require proof of need. Follow federal income guidelines. Have social security card, food stamp card, AFDC card, and/or Medicaid card at time of interview. Strictly crisis - once per month for food. Applicants for financial assistance must have seen township trustee. Funded by church members and other private sources. Monetary assistance - once every 3 months.

Immanuel Lutheran Church provides crisis food supplies and monetary assistance.

***IMMUNIZATION CLINIC (SEE P.C. HEALTH DEPT. - NURSING DIVISION SERVICES)***

***IMPACT***
150 Lincoln Sq., 2nd Floor 462-7196
Valparaiso, IN 46383 Fax 464-2881

**Contact:** Susan Gleason, Impact Supervisor
**Office Hours:** 7:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Must be receiving AFDC and/or Food Stamps. Services of Impact are available at no cost to the recipient. Referral from local Department of Family and Children required.

Impact is an education, employment and training program to help move

AFDC and Food Stamp recipients toward self-sufficiency. Supportive services such as transportation and child care are provided while customers participate in educational and training activities.

***INDIANA DEPARTMENT OF HUMAN SERVICES OFFICE OF VOCATIONAL REHABILITATION***
57 S. Michigan Ave. 462-0521
Valparaiso, IN 46383 Fax 464-8824 TTY 464-7582

**Contact:** Terrence J. Oprinovich, Area Supervisor
Linda Dickey, Area Referral Secretary

**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Persons with physical and/or mental handicaps which limit their activities and constitute substantial handicaps to employment may apply. There must be a reasonable expectation that vocational services will benefit in terms of employability. No fees. Funding from Federal and State government.

Vocational Rehabilitation must be directed toward employment or increased employability. If necessary to attain a vocational goal, the following services may be provided: 1) evaluation, 2) counseling, 3) training, 4) on-the-job training 5) physical restoration 6) placement & follow-up. The agency also provides information on the legal rights of the handicapped, including accessibility and affirmative action, and provides referrals to other agencies. Persons with visual impairments are included.

***INDIANA VOCATIONAL TECHNICAL COLLEGE***
2401 Valley Drive 464-8514
Valparaiso, IN 46383

**Contact:** Dr. Rob Jeffs, Center Administrator
Denise Mann, Student Manager

**Office Hours:** 8:00 a.m. - 8:00 p.m. M-F, 8am-Noon Saturday

**Eligibility & Fees:** $50.30 per credit hour and books. Available to any person, 16 to 65+ years of age, with a desire to learn a skill.

Ivy Tech provides courses and instruction in one and two-year programs leading to Technical Certificates and Associate Degrees. Areas of concentration are: Computer Programming, Small Business Administration, Secretarial-Administration, Human Services and Health Technologies, Heating/Air Conditioning/Refrigeration, Pollution Treatment Technologies, Industrial Drafting (Computer-Aided Design), Industrial Maintenance, Welding. Several other areas are offered on a courses-only basis.

***INDIANA WORKFORCE DEVELOPMENT***
3190 Lancer, Suite 104 762-6592
Portage, IN 46368

**Contact:** Marsha Pulliam, Employment Specialist
Neva Rain, Program Director

**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Agency serves individuals of employable age seeking job placement and unemployed workers seeking unemployment compensation benefits. No fees. Funded by the State of Indiana.

The Division provides two basic services: 1) Job Placement Service which includes employment counseling, proficiency and aptitude testing, work incentive program, job corps, targeted jobs tax credit, veteran's services and labor market information. 2) Unemployment Compensation Benefits which includes processing of claims for unemployment insurance

provided on Wednesday mornings only from 8:15 - 11:30.

***INFORMATION & REFERRAL SERVICE (SEE P.C. COUNCIL ON AGING & COMMUNITY SERVICE, P.C. DIVISION OF FAMILY & CHILDREN, UNITED WAY OF PORTER COUNTY)***

***IN-PACT, INC.***
182 W. North St. 662-1905
Crown Point, IN 46307

**Contact:** Thomas Atchison, Associate Executive Director
**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Vary depending on service provided. Funded by Medicaid, Indiana Family and Social Services Adm., and Lake Area United Way.

Specialized foster care, supervised group living, supported living, in-home services through the Medicaid waiver program and respite care services available for children and adults with autism and other developmental disabilities. Summer day program available for children with autism and other developmental disabilities. Public education and information on epilepsy available through the Indiana Epilepsy Service.

***INTERIM HEALTH CARE SERVICES INC.***
7725 Broadway, Suite G, Merrillville 736-1135
562 Boundary Rd, Chesterton 926-5452

**Contact:** Robert Stefaniak, Executive Director
Jeannette Viene, Director of Health Care Svcs.
Linda Chavez, Office Manager
**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Private pay, insurance, Medicaid and Medicare Medicaid waiver, and choice insurance.

Interim Health Care Services provides home health care, private duty nursing services in hospitals and nursing homes and staff relief in hospitals, nursing homes, clinics, doctors offices and industry. RNs, LPNs, Nurse Aides, Home Health Aides, Homemakers and Live-In companions are available 7 days per week, 24 hours per day.

***INTERNATIONAL INSTITUTE OF NORTHWEST INDIANA***
4433 Broadway 980-4636
Gary, IN 46409

**Contact:** Larry Sharp, Director
**Office Hours:** 9:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Funded by the Lake Area United Way and minimal service fees.

The Institute provides skilled counseling in immigration and naturalization, promotes ethnic programs of interest, and acquaints the foreign-speaking with social services and educational resources of the community.

***INTERVENTIONS YOUTH PROGRAM***
R.R. #1 Box 19 867-4571
Grovertown, IN 46531

**Contact:** Kathy Scott, Intake Coordinator
**Office Hours:** 7:00 a.m. - 3:00 p.m. M-F (24-hour residential svc.)
**Eligibility & Fees:** Chemically dependant adolescents, court referred or welfare referred. Per diem charged ($69.50). Court, insurance or private pay.

Interventions Youth Program is a therapeutic community which accepts referrals statewide for adolescents in need of long-term treatment for chemical dependency. The average length of stay is 6 to 9 months. Maximum capacity is 35 (12 young women). Residents attend school program on grounds. Certified counselors provide individual therapy and group sessions. All admissions are under medical supervision. Family and follow-up programs are provided.

***JAMESTOWN OF VALPARAISO APARTMENTS***
2810 Winchester Drive 462-6149
Valparaiso, IN 46383

**Contact:** Lori Herma, Property Manager
Tammy Carter, Assistant Property Manager

**Office Hours:** 10:00 a.m. - 5:00 p.m. M-F

**Eligibility & Fees:** No fees. Screen for good credit and landlord references. Funded by Federal Department of Housing and Urban Development.

Jamestown provides one bedroom apartments and two and three bedroom town houses for families, elderly and handicapped/disabled people who meet the income eligibility requirements. We do have a waiting list for all apartment sizes. Applications taken during specific times only.

***JEWISH FEDERATION/THE***
2939 Jewett St. 972-2250
Highland, IN 46322

**Contact:** Carol Szaks, Director

**Office Hours:** 8:30 a.m. - 4:00 p.m. M-F

**Eligibility & Fees:** Fees for casework services are based on income and services provided on the basis of need, not ethnic orientation. There is no fee for senior citizen programs for those unable to pay.

Jewish Community Services provides a full range of counseling services, as well as providing senior adult services and programs. The agency also operates the K'ton Nursery School, a four-morning per week program for 3 to 5 year olds. The agency also has a food pantry.

***JOB PLACEMENT SERVICE (SEE INDIANA DEPARTMENT OF TRAINING SERVICE)***

***KANKAKEE VALLEY WORKFORCE DEVELOPMENT SERVICES***
150 Lincoln Square, Suite 2002, Valparaiso 464-4861
3190 Lancer Square, Portage 762-6592

**Contact:** Donna Marcus, Case Manager, Valparaiso
Sheri Ruge, Case manager, Portage
Linda Woloshansky, Executive Director

**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Individuals who are at least 14 years of age who meet the income test, have special employment barriers, or who are considered dislocated workers are eligible for services. There are no fees for eligible persons. Funded through the Job Training Partnership Act, Public Law 97-300.

Kankakee Valley Job Training, Inc. is a private-not-for-profit corporation providing employment and training programs and services which lead to unsubsidized employment. Services include individual assessment, testing, on the job training programs, skills training, work experience, and job placement service. Kankakee Valley Workforce Development Services funds in-school youth programs, summer youth,

dislocated worker, older worker, single parents, and year round adult/youth program.

***KIMBERLY QUALITY CARE***
1000 E. 80th Place 769-0215
Merrillville, IN 46410

**Contact:** Carole Bezat RN, Administrator
Judy Gabrys RN, Director of Clinical & Prof. Services
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F (24-hour answering svc.)
**Eligibility & Fees:** Private pay, insurance, third party, Medicare Medicaid and Medicaid Waiver, Title XX in LaPorte and Porter Counties.

Kimberly Quality Care provides home health care, private duty nursing services in hospitals and nursing homes, clinics and industries. Technical specialty care (ventilator care, neonatal nursing, well baby care, oncology care, IV therapy) and hospice care available. Agency provides RNs and LPNs, nursing assistants, home health aides, companions, homemakers/housekeepers and live-ins. Services available on a one-hour to 24 hour basis.

***KOALA HOSPITAL***
1800 North Oak Rd. 1-800-795-6252
Plymouth, IN 46563

**Contact:** David Katz, Administrator
**Office Hours:** 24 Hours
**Eligibility & Fees:** Most insurance plans, Medicare, Medicaid accepted.

Adult and adolescent acute psychiatric and chemical dependency treatment; adolescent residential treatment; inpatient, partial hospitalization and outpatient services. Free assessments.

***THE LEARNING PLACE***
253 Lincolnway 464-9585
Valparaiso, IN 46383

**Contact:** Mark Lutze, M.A., Director
**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Junior high/middle school and high school youth. Many participants have been expelled or for other reasons are referred by schools or probation departments. Fee based on income.

The Learning Place provides a basic academic program with a strong affective emphasis for students who are unable to attend public schools. Substantial parental involvement is required.

***LEGAL SERVICE OF NORTHWEST INDIANA, INC.***
Heritage Hall, V.U. Campus 465-7903
Valparaiso, IN 46383
504 Broadway, Suite 301 465-1937
Gary, IN 46402

**Contact:** David R. Yoder, Executive Director
**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Less than 125% of poverty level - asset and case type limits. Civil cases only. Funded by Legal Services Corporation, Lake Area United Way, Anderson Foundation, LCEOC, and private donations.

The staff of the Legal Services Program serves income eligible clients

in Lake and Porter counties with legal problems in domestic relations (especially domestic violence), consumer, housing, and administrative law areas. The agency also operates a "pro-bono" referral service for those eligible individuals who the program does not have the resources to serve. Materials, speakers and workshops on areas of law concerning low-income individuals may be arranged through the Executive Director of the agency. New clients should contact the receptionist for appointment information.

***LIONS CLUB - VALPARAISO*** 462-3435

**Contact:** Bob Stachura
**Office Hours:** 10:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** None.

The Valparaiso Lions Club provides eyeglasses for the needy as well as other types of assistance to the blind and visually impaired.

***LITERACY VOLUNTEERS OF AMERICA: NORTHWEST INDIANA CHAPTER***
5391 Central Ave. 762-6113
Portage, IN 46368 1-800-348-7798

**Contact:** Linda Friedrich or Susan Coher
**Office Hours:** 8:00 a.m. - 10:00 p.m. M-Th, 8-4 p.m. F
**Eligibility & Fees:** No fees. Any adult age 16 and over who needs to improve basic reading skills is eligible for this program.

Adult non-readers and adults who are learning to speak English receive individual instruction by a volunteer tutor; the time and place is determined by the tutor and student. Volunteers are trained in specific techniques dealing with basic reading and English as a second language.

***LITERACY VOLUNTEERS OF NORTHWEST INDIANA***
200 W. Indiana Ave. 926-7696
Chesterton, IN 46304 787-8302

**Contact:** Faith Halley, LVA Coordinator
Sue Harris, Chairperson
**Eligibility & Fees:** No fees. To be qualified as a volunteer LVA tutor persons must take LVA Tutor Training Workshop offered annually. Affiliate of national LVA sponsored by Adult Education Center which pays affiliation fee and allocates small amount for teaching materials. All other expenses are met from local contributions and corporate grants.

LVNWI trains volunteers to teach adults, on a one-to-one basis, basic reading skills. Tutors assigned to individual students arrange hours with pupils meeting at least 2 hours a week. The Westchester Library in Chesterton makes meeting area available and provides space for teaching materials.

***LOGANSPORT STATE HOSPITAL***
SR 25 S RR 2 Box 38 722-4141
Logansport, IN 46947-9699 TDD 732-0069

**Contact:** Jeffrey H. Smith, PH.D., Supt.
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F (24-hour inpatient svcs.)
**Eligibility & Fees:** Rates are charged by the State but may be waived through application for waiver. Operated and funded by the State of Indiana. Accepts third party and private payee, Medicare and Medicaid. Prefer referrals from mental health centers.

Regional state adult psychiatric facility. Programs include alcoholic treatment, adult psychiatric, mental retardation, geriatric services,

and forensic services.

***LUTHERAN SOCIAL SERVICES OF INDIANA***
1400 N. Broad St. 838-0996
Griffith, IN 46319

**Contact:** Carol Bondurant, Northwest Regional Director
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F (evening hours by appt.)
**Eligibility & Fees:** Sliding scale and insurance if insurance company will find LSSI eligible for their regulations. Funded by client fees, United Way, churches, private donations.

Counseling for individuals, families and groups; pregnancy support services; adoption and foster care; parenting support; AIDS support services.

***MEALS ON WHEELS - (SEE HOME HEALTH SERVICES OF PORTER COUNTY)***

***MEALS ON WHEELS - WESTCHESTER*** 926-1476
700 Michigami 926-4433
Chesterton, IN 46304

**Contact:** Jamie Brown, Coordinator
**Office Hours:** 9:00 a.m. - 12:00 noon M, W, F
**Eligibility & Fees:** $1 per meal. Serves residents of Westchester Township who are elderly and/or homebound and cannot prepare their own meals.

The Westchester Meals on Wheels program delivers a hot meal at noon to persons unable to prepare an adequate meal for themselves because of age, illness, or physical disability. Meals are delivered on Monday, Wednesday and Friday.

***MEDICAID (SEE PORTER COUNTY DIVISION OF FAMILY & CHILDREN)***

***MEDICARE (SEE SOCIAL SECURITY ADMINISTRATION)***

***MEMORIAL HOSPITAL OF MICHIGAN CITY***
515 Pine Street 879-0202
Michigan City, IN 46360 1-800-686-2466

**Contact:** Michelle Lundmark, Mgr.
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** NA

Memorial Hospital is a full service acute care community hospital, 24-hour emergency service, lifeback unit for substance abuse, freedom from smoking, dieting and stress classes, cardiology support group, childbirth classes, infant and child CPR, sibling preparation, grand-parenting classes, speakers bureau, sports medicine, MRI and MRA on site, mammography 7 days a week, and same day surgery, etc..

***MENTAL HEALTH ASSOCIATION IN PORTER COUNTY***
402 E. Indiana Ave. 462-6267
Valparaiso, IN 46383

**Contact:** Margaret Stevens, Executive Director
Janice Maihofer, Adm. Assistant
**Office Hours:** 9:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Residents of Porter County are eligible for membership and service. No fees for service. Membership fees: $2 regular, $10 family, $15 contributing, $25 supporting, $50 sustaining. Funded by the United Way of Porter County,

contributions, memberships and special events.

The Mental Health Association is an advocate organization whose goal is to work for the promotion of mental health through education, to raise the standard of care and to preserve the dignity of those suffering from mental disorders. Programs include:

1. Emergency Financial Assistance for people under psychiatric care.
2. Widowed to Widowed - A support group for people who have lost their spouses. This program attempts to prevent disabling emotional trauma, which may afflict people during the grieving process. Group meets during the day.
3. Picking Up Pieces (PUP) - A support group for the widowed which meets two evenings per month.
4. Together We Learn To Cope (TLC) - A support group for families of the chronically mentally ill. This group helps families accept the illness of the family member and helps them to cope with problems that arise from it.
5. Open Door Social Club - A social club for the chronically mentally ill to help them adjust to the community and foster a sense of well being.

***MORAINE HOUSE, INC.***

353 W. Lincolnway 464-9983
Valparaiso, IN 46383

**Contact:** House Director
**Office Hours:** 9:00 a.m. - 5:30 p.m. M-F
**Eligibility & Fees:** Minimal resident fee. Moraine House is a halfway house for recovering substance abusers. Privately funded, not-for-profit. A United Way of Porter County agency.

Moraine House engages in education, charitable and social welfare activities connected with the rehabilitation of individuals suffering from substance addiction. Meeting rooms are established, operated and maintained for those purposes. Residential clients are accepted. Clients must express a sincere desire for sobriety/abstinence from drugs. We cannot accept clients in need of medical treatment first.

***MULTIPLE SCLEROSIS SOCIETY INDIANA STATE CHAPTER***

615 N. Alabama #318 (317) 634-8796
Indianapolis, IN 46204 1-800-762-1209

**Contact:** Gail Rubisch-Hawkey, Chapter Services Director
Anne Pinnick, Executive Director
**Office Hours:** 8:30 a.m. - 5:00 p.m.
**Eligibility & Fees:** Free of charge to anyone in the State of Indiana who has multiple sclerosis. Funded through private contributions and grants.

Services include equipment assistance, self-help groups, short term counseling, programs for the newly diagnosed, quarterly newsletters, educational programs, information and referral, advocacy, free literature about MS, and a lending library.

***NEW HOPE CHURCH***

158 Willow Street 464-8980
Valparaiso, IN 46383 462-7134 - Home

**Contact:** Joanne Maynard, Coordinator
**Office Hours:** 11:00 a.m. - 3:00 p.m. Thursday
**Eligibility & Fees:** No fees, self verification of need. Funded by private contributions.

New Hope Church provides emergency and short-term food supplies to individuals and families in need.

***NIEQUIST CENTER FOR RESIDENTIAL CARE***
304 N. Morgan Blvd. 464-4641
Valparaiso, IN 46383

**Contact:** Jerry Montgomery, Program Director
**Office Hours:** 24 hour residential program
**Eligibility & Fees:** Boys and girls ages 13-17. Fees are based on a sliding scale. Referrals are accepted from juvenile courts or community mental health professionals.

The Niequist Center is a group home, non-secure residential program with emphasis on creating and maintaining a 24 hour, supervised, therapeutic environment. Comprehensive treatment program includes: Level system, treatment goals, group, family and individual therapy, and experiential and community service components. Although the child is the identified client, treatment focus is on family systems with a goal of re-unification. An on-grounds alternative school is available for children unable to currently succeed in a public school setting.

***NORTHWEST INDIANA PSYCHIATRIC EVALUATION CENTER***
1100 W. 6th Avenue 885-4264
Gary, IN 46402

**Contact:** Rise Ross, Community Affairs
**Office Hours:** 8:30 a.m. - 5:00 p.m.
**Eligibility & Fees:** Porter County referrals accepted through Porter-Starke Services Comprehensive Mental Health Center only. Fees based on ability to pay. Insurance accepted. The Center is owned and operated by Gary Community Mental Health Center.

NIPEC is a free-standing, thirty (30) bed, psychiatric center, devoted exclusively to inpatient care for involuntary patients. NIPEC serves nineteen counties of Northwest Indiana.

***OPPORTUNITY ENTERPRISES***
2801 Evans Avenue, P O Box 1206 464-9621
Valparaiso, IN 46384

**Contact:** Gary M. Mitchell, President/Chief Executive Officer
Ronald C. Pearson, Assit. CEO/Chief Financial Officer
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Persons are eligible for services if they have physical or mental handicaps. Transportation fees are charged. No charges for services. Funding is through local, state, and federal government sources, direct private contributions, self-generated revenues, United Way of Porter County, and other sources. Services to children from birth to age 3 and to adults over 18 are provided.

Opportunity Enterprises provides the following services:

1. Early Intervention - Provides center-based and home-based services for children (with developmental delays or handicaps) from birth to age 3.
2. Personal & Social Adjustment - Provides center-based and community training services to adults with severe disabilities in the areas of daily living, socialization, functional academics, and pre-vocational skills.
3. Work Services - Provides sub-contract work and training towards competitive placement; training to foster independence at home and in the community.

4. Employment Services - Designed to assist individuals in the acquisition and maintenance of employment in the competitive labor market.
5. Residential Services - Provides training, counseling, and support services designed to increase self-dependent home and community living skills. Services are provided in supervised living group homes, the semi-independent living program, and alternative family for adults program.
6. Support Services - Include speech and physical therapies, case coordination, counseling, transportation, diagnostic testing, and Special Olympics.

***PCARC RESIDENTIAL SERVICES (SEE OPPORTUNITY ENTERPRISES)***

***PEOPLE FOR AUTISTIC CITIZENS (SEE IN-PACT)***

***PINES APARTMENTS OF HEBRON***
199 Boardwalk, P O Box 148 996-2637
Hebron, IN 46341

**Contact:** Jackie Debshaw, Rental Manager
**Office Hours:** 9:00 a.m. - 12:00 noon M, W, F
**Eligibility & Fees:** Low to moderate income housing. One bedroom $229; two bedroom $266; three bedroom $300.

The apartment complex has 92 units, 24 of which are rental assistance units. There are three units equipped for the handicapped.

***PLANNED PARENTHOOD ASSOCIATION OF NORTHWEST INDIANA, INC.***
100 E. Lincolnway 462-5976
Valparaiso, IN 46383
2686 Willowcreek Road 763-2385
Portage, IN 46368

**Contact:** Cathryn Osika, Clinic Manager
**Office Hours:** Valparaiso office - 8:30 a.m. - 5:00 p.m. MWTHF
8:00 a.m. - 3:00 p.m. 1st & 3rd Saturday
Portage office - 8:30 a.m. - 5:00 p.m. TWTh
8:00 a.m. - 3:00 p.m. 2nd & 4th & 5th Saturday
**Eligibility & Fees:** Sliding scale fees charged based on income, but no one refused services if unable to pay for them. Title XX funding.

Planned Parenthood provides services such as family planning, medical examinations, contraceptive services and counseling for infertility and voluntary sterilization. Pregnancy testing, counseling and referral information also available. The Association also provides speakers and programs to schools, parents, and interested civic and social groups.

***POOR RELIEF (SEE TOWNSHIP TRUSTEES)***

***PORTAGE ADULT EDUCATION CENTER*** 1-800-348-7798
5391 Central Ave. 762-6113
Portage, IN 46368 762-6511 Ext. 205

**Contact:** Linda Friedrich, Director
Lynne Ames, Assistant Director
**Office Hours:** 8:00 a.m. - 10:00 p.m. M-Th, 8-4 p.m. F
**Eligibility & Fees:** No charge for Adult Basic Education (ABE), General Education Development (GED) and English for the foreign-born classes supported by state and federal funds. GED testing is

$18. High school completion program $10 minimum. Community/ recreational class fees vary.

Any individual, over 16 and not attending a regular school, may enroll in an ABE/GED learning center or the high school completion program at the Portage Adult Education Center.

Chesterton Adult Learning Center
926-7696
200 W. Indiana St., Chesterton
Teacher - Donna Oglesby

Hebron Adult Learning Center
766-2643
NBD/Gainer Bank, Hebron
Teacher - Ruby Herma

Kouts Adult Learning Center
766-2643
309 Main St., Kouts
Teacher - Ruby Herma

Portage Adult Learning Center
762-1020
5391 Central Ave., Portage
Teacher - Mary Russell

South Haven Adult Learning Ctr.
762-3767
South Haven Square, Valparaiso
Teacher - Jennifer Whelpley

Valparaiso Adult Learning Center
462-4230
100 Erie St., Valparaiso
Teacher - Bonnie Wennerstrom

***PORTAGE TOWNSHIP EMERGENCY FOOD PANTRY***
5391 Central Ave. 763-8005
Portage, IN 46368

**Contact:** Everett Butler, Director
Phyllis McGee, Office Coordinator

**Office Hours:** 9:00 a.m. - 1:00 p.m. Wed.

**Eligibility & Fees:** None.

The Portage Township Food Pantry has been established by area churches and other organizations to provide emergency help to families in crisis situations. The program is coordinated by the Portage Minister's Fellowship. Screening for recipients and food donation location is at Portage Adult Education Center, 5391 Central Avenue, Portage.

***PORTAGE TOWNSHIP SENIOR CITIZEN BUS SERVICE***
5800 Lexington Ave. 762-1522
Portage, IN 46368 762-3591

**Contact:** Ann Shore, Director

**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F

**Eligibility & Fees:** No fee, riders must be a senior citizen. Service is funded by the Portage Township Trustee.

The bus service provides transportation for shopping and nutrition site lunches.

***PORTER COUNTY ALCOHOL & DRUG OFFENDER SERVICE (PCADOS)***
111 Library Lane 465-3565
Valparaiso, IN 46383

**Contact:** Kandyce Kraus Hannon, Director

**Office Hours:** 8:30 a.m. - 12:00 noon, 1:00 p.m. - 4:30 p.m.

**Eligibility & Fees:** All adult and juvenile clients are Court ordered to attend program. Fees are Court ordered and paid to the Porter County Clerk. Program budget is established and maintained on fee collection.

PCADOS provides evaluation and education. If further treatment is necessary, referral to an appropriate facility will be made.

***PORTER COUNTY ASSOCIATION FOR HANDICAPPED CHILDREN & ADULTS, INC.***
53 E. Engel 464-7382
Valparaiso, IN 46383

**Contact:** Diane E. Stevens, Service Chairperson
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Resident of Porter County who has demonstrated financial need. No fees. Funded by the United Way of Porter County.

The Association provides financial aid to handicapped Porter County residents in the following ways: 1) assistance in purchase/rental of rehabilitation equipment, orthopedic shoes, prosthetic and orthotic appliance, hearing aids and lifelines; 2) reimbursement for transportation to clinics, hospitals, schools, therapy centers, when it is essential to diagnosis or treatment and not otherwise available. The Association does not pay prescription costs of physician's fees.

***PORTER COUNTY BABY TALK***
c/o Westchester Public Library 926-7696
200 W. Indiana Ave.
Chesterton, IN 46304

**Contact:** Jane Walsh-Brown, Coordinator
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Baby Talk is free to babies birth - 2 years who are born at Porter Memorial Hospital or who reside in Porter County. Parents enter the program through childbirth or new parent classes at the hospital or by enrolling at their local public library. Co-sponsored by Porter Memorial Hospital, the Porter County Public Library System, Westchester Public Library, the Porter County Council of the International Reading Association, and the Book Bag Book Store.

Baby Talk is an education program for parents of infants and toddlers. Parents receive two free books for their babies and attend a series of Lapsit programs at local libraries with their 12-24 month old babies. Parents are also encouraged to use special books, toys, and tapes for babies in the Baby Talk Centers at each library.

***PORTER COUNTY BAR ASSOCIATION REFERRAL SERVICE***
16 E. Lincolnway Room 301 465-3435
Valparaiso, IN 46383

**Contact:** Sharon Armstrong, Court Admin.
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Free consultation for 1/2 hour.

The referral service is a legal service providing referrals to practicing attorneys who initially consult with clients regarding legal problems. If you decide to retain an attorney from this service, he/she will charge you whatever rates are standard.

***PORTER COUNTY CANCER SOCIETY, INC.***
1009 North Calumet 462-7466
Valparaiso, IN 46383

**Contact:** Carol Lazaro, Executive Director
**Office Hours:** 10:00 a.m. - 3:00 p.m. M-Th
**Eligibility & Fees:** Eligibility determined following review of financial need form. Must be a Porter County resident for at least 60 days. Funded by United Way of Porter County, memorial contributions and private donations.

Porter County Cancer Society provides financial assistance to needy cancer patients relating to cancer treatment and care, a wig program is available to any Porter County cancer patient, cancer pads are made by our volunteers, they are taken to the VNA of Porter County and are distributed by the nurses, 24 hour telephone number for any crisis situation, referral to other agencies for specific needs. Support group called "Circle of Love" meets on a monthly basis, public educational materials & films are available at no charge. Loan closet of equipment and supplies is available to our patients in need. Scholarship at Valparaiso University to be given to a cancer patient or a child of a cancer patient. Research funds donated are given to the following hospitals: Purdue Cancer Center and Rileys Children Hospital.

***PORTER COUNTY COUNCIL ON AGING & COMMUNITY SERVICES***

1005 N. Campbell, P O Box 246 464-9736
Valparaiso, IN 46383 464-9904

**Contact:** Marion McDougall, Executive Director
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Services provided to Porter County residents age 60 and over. Transportation services provided to elderly and handicapped residents. Energy assistance to low-income families, as well as senior citizens. Funding provided through Administration on Aging (HHS); Area 1 Agency on Aging; Urban Mass Transportation; Older Hoosiers, United Way of Porter County, Social Service Block Grant (SSBG), Community Service Block Grant (CSBG) and Head Start.

The following services are provided:

1. Senior Service Transportation - provides transportation to Porter County residents who are handicapped or 60 years and over. 8:00 a.m. - 4:30 p.m., M-F, 462-4302.
2. Senior Citizen Nutrition Sites - Noon congregate meals for individuals 60 years of age or older, M-F. No charge for lunches, but voluntary donations accepted to help defray cost of program. Valparaiso - Wilbur H. Hutchins Community Center, 1005 Campbell, Valparaiso, 464-9797; Hebron - Wednesday only, 611 Main St., 996-5244; Porter - Duneland Activity Center, 500 Ackerman, 926-7476.
3. Community Services for Senior Citizens - 1) monthly newsletter, 2) personal care assessment, 3) information & referral, 4) housing and employment, 5) community outreach.
4. Energy Assistance Program - Financial assistance to low-income persons, families, and senior citizens to help pay fuel bills (seasonal - as federal funding available).
5. Lifeline - Personal emergency response system for frail elderly and handicapped living alone - 464-9736.
6. Headstart - Early childhood development program for 4 year olds from income eligible households in Porter County Area - 477-5492.
7. Alzheimer Family Support Group - Meets second Thursday of the month, 7:00 p.m., Wilbur H. Hutchins Community Service Center, 1005 Campbell, Valparaiso, 464-9736.

The Council also sponsors the Retired Senior Volunteer Program (RSVP).

***PORTER COUNTY COUNCIL OF HEALTH & SOCIAL SERVICES***

465-7448

**Contact:** Jon Sampsel, Pres. PCCHSS, Operations Super. for SSA
Donna Marcus, VP PCCHSS
**Office Hours:** N/A

**Eligibility & Fees:** Group membership to agencies and organizations serving Porter County: $10 per year. Individual memberships $5 per year.

The council meets at 11:30 a.m. on the fourth Tuesday of the month, from September through May. The Council is a coalition of health and social service providers serving Porter County. The organization's purpose is coordinating and improving the delivery of health and social services in the County.

***PORTER COUNTY DIVISION OF FAMILY & CHILDREN***

152 Indiana 462-2112
Valparaiso, IN 46383

**Contact:** Thomas St. Myer, Director
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F (24 hour Child Abuse & Neglect)
**Eligibility & Fees:** Applicants must be Porter County residents. Financial eligibility varies depending upon assistance requested. Funding thru federal, state and county governmental resources.

The Welfare Department provides assistance through the following programs:

1. Aid to Families with Dependent Children - Financial assistance provided to families in which children have been deprived of the care and support of one or more parents.
2. Medicaid - Services for children with special health care needs, hospital care for the indigent, eye treatment, assistance to residents of County homes. Programs reimburse medical and residential providers who deliver services to financially eligible persons.
3. Child Welfare Services, Child Protective Services - Child Welfare Services include adoption, licensing of foster home and day care homes, ward placement and supervision. Child Protective Services receives and investigates child abuse and neglect reports on a 24 hour basis.
4. Food Stamps - Program provides financial assistance to needy families and individuals through the issuance of food stamps.

***PORTER COUNTY FAMILY COUNSELING CENTER, INC.***

970 Millpond, Suite C 464-3919
Valparaiso, IN 46383

**Contact:** Stan Lelak, Psy.,D., CADAC, Program Director
**Office Hours:** 9:00 a.m. - 8:00 p.m. M-F (other hours by appt.)
**Eligibility & Fees:** Sliding scale based upon ability to pay. Funded by United Way of Porter County, contributions, and fees.

The Counseling Center provides counseling services to individuals, families, in such areas as social adjustment, marital discord, pre-marriage counseling, problems of aging, unmarried parenthood, employment, school adjustment, etc.. The center also provides consultation services and community presentations.

***PORTER COUNTY HEAD START***

1005 Campbell Street 477-5492
Valparaiso, IN 46383

**Contact:** Ronda Benda, Director
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Federally funded. Must live in Porter County, be 4 years old and be low income or have a handicapped condition.

Head Start is a free preschool program for low income and handicapped

children. We provide the children with a variety of learning experiences along with medical and nutrition services. Transportation is provided in local school area only. We have three locations: Valparaiso 477-5492, Chesterton 926-4543, South Haven 763-2666.

***PORTER COUNTY HEALTH DEPARTMENT***
151 W. Indiana Ave. 465-3525
Valparaiso, IN 46383

**Contact:** Janet Garvey RN, Nursing Supervisor
**Office Hours:** 8:00 a.m. - 12 noon, 1:00 p.m. - 4:30 p.m. M-F
**Eligibility & Fees:** No fees; county government funded.

The nursing division provides the following programs and services:

1. Immunization Clinic - Immunization Clinics - Portage and Valparaiso Office, call for appointment.
2. Well-Child Referral Service - Referrals are made to practicing physicians for health care maintenance for children from birth to 6 years of age if their families are not on Medicaid or cannot afford regular fees; fees are based on income and according to family size.
3. Senior Citizen Stay Well Clinics - Services including blood pressure reading, hemoglobin testing, diabetic screening, flu shots, and health education programs are provided to senior citizens at the Senior Citizen Nutrition Sites, according to the following schedule: Eunice Bonner Senior Center, 5800 Lexington, Portage - 1st Wed. of each month; American Legion Building, 611 Main St., Hebron - 2nd Wed. of each month; Porter Senior Center, 500 Ackerman Dr., Porter - 3rd Wed. of each month; Friendship Nutrition Site, 1005 Campbell, Valparaiso - 4th Wed. of each month. Clinics run from 10:00 a.m. - 11:00 a.m..
4. Home Visits - Health Dept. nurses will make initial home visits in order to assess presenting health problems and make referrals.
5. Prenatal Program - Call for appt. Program helps women not eligible for Welfare benefits or do not have their own health insurance to see a doctor during their pregnancy.
6. Additional Health Services - 1) TB testing, Tuesday 8-12 noon & 1-4 p.m.; 2) Chest Clinic, monthly; 3) Health Education; 4) Diabetic screening; 5) Crippled Children's Services; 6) Parochial school screening and referral; 7) Referrals to local physicians; 8) Home calls for high risk infants and mothers; 9) Home calls for SIDS families (Sudden Infant Death Syndrome); 10) Cholesterol screening - call for dates and times; 11) Pregnancy testing - free - call for appt.; 12) HIV Counseling & Testing - call for appt.; 13) Blood Pressure screening - 1st Tuesday of each month, 8:00 a.m. - 11:30 a.m. or 3rd Tuesday of each month, 1:00 p.m. - 4:00 p.m..

***PORTER COUNTY HOME***
1954 South S.R. 2 462-4258
Valparaiso, IN 46383

**Contact:** Kathleen Mroz, Residential Services Supervisor
**Office Hours:** 8:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Daily rates: Sliding scale funded by Porter County Government.

The Porter County Home provides residential services. Residents must be ambulatory. Medication distributed only under doctor's orders.

***PORTER COUNTY JUVENILE PROBATION***
106 Court House 465-3475
Valparaiso, IN 46383

**Contact:** Clarence Rivers, Chief Probation Officer
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Those children and youth under the age of 18 referred by all Police Departments and schools within Porter County become clients. Clients may be assessed an initial fee of up to $100 and a monthly user's fee of up to $15 per month. Restitution may be ordered in cases where person or property have sustained injury or damage. A $45 fee is assessed for juveniles ordered into the Crossroads Program. Full and/or partial costs for children ordered into placement may be assessed by the court.

The Juvenile Probation Department processes referrals into the Juvenile Court and supervises those children and youth adjudicated as delinquents. Referrals are made by Probation to a variety of agencies dealing with a spectrum of behaviors and problems when such additional services are needed. As an arm of the Juvenile Court, the office is funded by Porter County.

***PORTER COUNTY MEDICAL SOCIETY***
814 LaPorte Avenue 462-5522
Valparaiso, IN 46383

**Contact:** Tom Ludwig MD, President
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** None.

The Society maintains a list of all physicians in the area who are accepting new patients and will make referrals from this list. Complaints concerning area physicians should be referred to the Society. Funding is received from membership dues.

***PORTER COUNTY PACT***
254 S. Morgan Blvd. 462-1127
Valparaiso, IN 46383

**Contact:** Richard Wendt, Program Director
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Serves prisoners, ex-offenders, court ordered referrals, and victims of crime. Fees for some services. Funded through United Way of Porter County, Indiana Dept. of Correction, Local governments, private foundations, church related organizations and individual contributions.

PACT provides services through the following programs:

1. Offender Services Program - provides counseling and other assistance to adult prisoners in the Porter County Jail and Porter County residents in state correctional institutions.
2. Supportive Services Program - provides social services to ex-offenders including referrals for employment, education, and housing assistance. Volunteers also go into the Juvenile Detention Center to visit with and tutor the juvenile offenders that are housed there.
3. Day Reporting Center - An offender will be sentenced by the court to attend our Center for up to five times a week. He will have to attend the Center as a condition of probation and while there will have to submit himself to testing, he will have to attend Behavior Modification Classes and also take part in any other counseling the Center thinks is needed.

4. Community Service Restitution Program - serves as an alternative to incarceration; offenders are ordered to perform a specified number of hours of unpaid labor at public or private non-profit agencies; PACT coordinated placements and monitors work performed. Clients are assessed a fee for participation on this program.
5. Victim Offender Reconciliation Program - serves as an alternative to incarceration involving face-to-face meetings between victims and the offender responsible for the crime. Meetings are arranged and facilitated by PACT-trained volunteer mediators. If possible, a restitution contract is negotiated between both parties and is signed at the meeting.

PACT also provides public education programs on alternatives to incarceration, victim-offender reconciliation, prison overcrowding, and other criminal justice-related issues.

***PORTER COUNTY PROSECUTOR'S VICTIM ASSISTANCE UNIT***
Room 409 Courthouse 465-3433
Valparaiso, IN 46383

**Contact:** Carol Bradley, Coordinator
**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Clients are victims of crime in Porter County. Clients are referred by the Criminal Justice System - generally when criminal charges are filed by the Prosecutor's office. No cost for services. Program funded by County Government and Porter County Prosecutor's office.

The Victim Assistance Unit acts as a liaison between victims of crime and the criminal justice system. Services include: advocacy, referral to other appropriate agencies, court date notification and orientation to the criminal justice system; assistance in applying for Violent Crimes Compensation funding and in seeking restitution; community education on issues of victim's rights and concerns. (see also Sexual Assault Recovery Project)

***PORTER MEMORIAL HOSPITAL***
814 LaPorte Avenue 465-4646
Valparaiso, IN 46383

**Contact:** Wiley N. Carr, Administrator & C.E.O.
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Rates vary depending on services received.

Porter Memorial Hospital provides both inpatient and outpatient services. As a short-term, acute, general hospital, facilities are available for treatment of medical, surgical, pediatric and obstetrical patients. A Newborn Intensive Care Unit with staff Neonatologists is provided. Other services include Intensive Care, Coronary Care, Coronary Telemetry svcs. and Coronary Rehab. unit. Services also include social services, laboratory, x-ray, including C.T. and M.R. Scans, Ultrasound and nuclear diagnostic services, Emergency Room with trauma service, Rehab. Service, including physical, occupational & speech therapy. Teaching programs are provided in diabetic care, as well as many other related health care programs through the Com. Educ. Series.

***PORTER MEMORIAL HOSPITAL MEDICAL SURGICAL CENTER***
3630 Willowcreek Rd. 759-3414
Portage, IN 46368 465-1620

**Contact:** Delores Erdei, Business Office Manager

**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
Urgent Care 5:00 p.m. - 9:00 a.m. M-F
Sat. - Sun. and Holidays, 24 hours

**Eligibility & Fees:** Rates vary depending on services received. Medical Surgical Center provides 24-hour laboratory and radiology services, outpatient surgery, EEG, EKG, physical therapy, mammography, ultrasound, fluoroscopy. Urgent Care provides routine doctor office services for area patients to supplement regular doctor coverage after hours. Non-emergency.

***PORTER MEMORIAL HOSPITAL NEONATAL HIGH RISK FOLLOW-UP CLINIC***
814 Laporte Ave. 465-4699
Valparaiso, IN 46383

**Contact:** A. Hilmo, M.D., Director

**Office Hours:** 9:00 a.m. - 4:00 p.m. M-F

**Eligibility & Fees:** By referral with phone screening. Infants to children age 2½ at risk of developmental delay. No charge. Porter Memorial Hospital funds.

Infants and young children at high risk of developmental delays due to prematurity or illness are screened by a developmental specialist and physical therapist. Referrals made to outside agencies for on-going therapy. A neonatologist acts as coordinator and screens for medical problems.

***PORTER MEMORIAL HOSPITAL WESTCHESTER CONVENIENCE CENTER***
700-1 S. Calumet 926-7755
Chesterton, IN 46304

**Contact:** Dina Brickler, Manager

**Office Hours:** 6:00 p.m. - 12 midnight M-F, 12 noon - 12 midnight Sat., Sun., and Holidays

**Eligibility & Fees:** Rates vary depending upon services received. Westchester Convenience Center provides routine doctor office services for area patients to supplement regular doctor coverage after hours. Laboratory, x-ray and EKG services are available.

***PORTER-STARKE SERVICES, INC.***
601 & 701 Wall Street 464-8541
502 Wall Street, Valparaiso 464-4024 (Voice/TTY)
890 Wabash Street, Chesterton
3220 Lancer Street, Portage 762-9557
800 E. Culver Road, Knox 772-4040

**Contact:** Lee Grogg, Chief Executive Officer

**Office Hours:** 8:00 a.m. - 8:00 p.m. M-F
24-Hour Emergency Service & Information

**Eligibility & Fees:** Services provided to all residents of Porter and Starke Counties. Fee subsidies available for families who qualify (income, family size, insurance and resident). Low income families and persons on social security may be eligible for funded services under Title XX. Other funding sources include fees and insurance reimbursement, state, federal and county funds, United Way of Porter County and philanthropic sources. JCAHO accredited. Porter-Starke Services, Inc. is a comprehensive community mental health center providing outpatient mental health and chemical dependency services for all ages in the following areas: individual, group, families and couples counseling, older adult consultation, employee assistance programming, partial hospitalization programs (day treatment

and senior day care programming), consultation and education, aftercare, and residential, and intensive outpatient for alcohol & drug abuse. Inpatient services available through Vale Park Psychiatric Hospital adult dual diagnosis and mental health programs, New Vistas and Focus, and the Bridges and Milestones Programs for children and adolescents, in conjunction with AAP Mental Health Resources. Also offers drug and alcohol services through the Governor's Commission for a Drug-Free Indiana.

***PREGNANCY ASSISTANCE CENTER***
401 Marquette Street 477-4460
Valparaiso, IN 46383

**Office Hours:** 10:00 a.m. - 4:00 p.m. M-F, 10:00 a.m. - 1:00 p.m. Sat.

**Eligibility & Fees:** No fees. Services are funded by private contributions.

Pregnancy Assistance Center is a non-profit organization established to provide information and support to women who are pregnant, or think they might be. In an atmosphere of caring and concern, trained volunteer staff confidentially helps women make decisions about their future. The Center provides free pregnancy tests, medical, legal and adoption referrals. Some financial assistance is available in cases of emergency. Referrals provided for housing. Maternity and baby clothing and furniture can also be provided. All information is treated confidentially. The Center takes donations of furniture and clothing up to size two.

***PRIVATE INDUSTRY COUNCIL (SEE KANKAKEE VALLEY JOB TRAINING)***

***PURDUE COOPERATIVE EXTENSION SERVICE***
1401 N. Calumet Ave. 465-3555
Valparaiso, IN 46383

**Contact:** Dan Fleming, Extension Agent

**Office Hours:** 8:30 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Mini 4-H for 7, 8 & 9 year olds; 4-H Clubs for ages 10-19. Extension Homemaker Clubs, $3 county dues (local club dues vary). Funding through federal, state, and county extension funds. Agriculture and community development, educational programs planned as needed.

The Extension Service offers informal educational programs, publications and individual consultations to all people of Porter County. The above clubs offer planned programs to meet the needs of youth and adults within the county.

***THE RAINBOW***
475 Broadway, Suite 508 886-1600
Gary, IN 46402

**Contact:** Norma Ceballos, Supervisor

**Office Hours:** 24-hours - 365 days a year

**Eligibility & Fees:** No fee for domestic violence victims, victims of rape, or homeless women and their children.

The Rainbow provides legal advocacy, court advocacy, shelter for victims of rape, domestic violence and homelessness. Speakers are available to educate, train, and/or inform the community about the characteristics of the subjects listed above.

*RESPITE CARE (SEE HOME HEALTH SERVICES)*

*RETIRED SENIOR VOLUNTEER PROGRAM (RSVP)*
1005 N. Campbell, P O Box 246 464-1028
Valparaiso, IN 46383

**Contact:** Kari Romine, Executive Director
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Volunteers must be 60 years old or over. Funded by ACTION, United Way of Porter County, and contributions.

Through RSVP, citizens age 60 and over, volunteer their time for services to various agencies and institutions in the community. Assignments vary depending upon the interest of the volunteer. Accident insurance is provided to each senior volunteer while enroute and on the job. Sponsored by the Porter County Council on Aging & Aged, Inc.. RSVP also sponsors DEBUT: Daughters of the Elderly Bridging the Unknown Together a support group for women in the middle, caring for children and aging parents.

*THE SALVATION ARMY*
772 Fremont Road 759-1977
Valparaiso, IN 46383

**Contact:** Captain Patricia Thompson
**Office Hours:** 9:00 a.m. - 4:00 p.m. M-F
**Eligibility & Fees:** Eligibility for services is determined on need at the time of initial contact. No fees are assessed for services rendered. Some youth programs do require nominal fee.

The Salvation Army may fill food vouchers, meal vouchers, clothing vouchers, and lodging for families, men, women and children. All of these services are given on an emergency one time basis. Referral and counseling are also available. Any need is given consideration and information on appropriate referral sources is shared. Youth program in the South Haven area is available on a weekly basis for children ages 6 and over. Religious services are conducted on Sundays and midweek.

*SAMARITAN COUNSELING CENTER*
374 Indian Boundary Road 926-2035
Chesterton, IN 46304

**Contact:** Dale E. Guckenberger, Family Therapist/Pastoral Counselor
**Office Hours:** By appointment
**Eligibility & Fees:** Standard fee/50 min. session; also charitable fee adjustments. Persons can make an appointment by calling the Samaritan Center. The counselor will discuss the fee adjustment when needed. Funding sources include individuals, corporations, churches, foundations, memorials, endowment.

The Samaritan Counseling Center is an interfaith pastoral counseling and education service. The Center is a private, not-for-profit agency and depends on public support to compensate for adjustments to the standard counseling fee. The Center's goal is to provide counseling that encourages the integration of the physical, emotional and spiritual dimensions of a persons life in the problem solving process. The counseling staff are certified marriage and family therapists in Indiana under the new law. The center offers individual, marriage and family counseling.

***SENIOR PLACEMENT PROGRAM***
Calumet College of St. Joseph 473-4334
2400 New York Ave.
Whiting, IN 46394

**Contact:** Gene W. Dilts, Program Coordinator
**Office Hours:** 9:00 a.m. - 3:00 p.m. M-F
**Eligibility & Fees:** 55 years or older, out of work, homeless or staying with friends, living in a single room, nearing eviction, facing repossession of home, and income eligible income below $10,268. Title V of the Older Americans Act through the State.

The Senior Placement Program recruits homeless or near homeless seniors who desire work. Upon an evaluation of skills and the homeless situation, our staff will aid the senior in obtaining suitable housing. Following this the senior will have the opportunity to look at their previous work experience and their skill level. The Senior Placement Program then makes contacts with various "senior friendly" businesses and arranges an interview. SPP is able to pay for a certain amount of on the job training, however, it is the programs goal to establish this senior as an independent, capable person able to make a living on their own.

***SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM***
Calumet College of St. Joseph 473-4334
2400 New York Ave.
Whiting, IN 46394

**Contact:** Marcia Meyers, Program Coordinator
**Office Hours:** 9:00 a.m. - 3:00 p.m. M-F
**Eligibility & Fees:** Persons 55 and over, meet income guidelines which are 125% of poverty. Title V of the Older American Act through the state.

The Senior Community Service Employment Program provides older individuals with work experience and on-the-job training. It supplies non-profit organizations with motivated, experienced employees at no cost to the employer. The program covers Lake, Porter and Starke Counties.

***SERVICE CORPS OF RETIRED EXECUTIVES ASSOCIATION (SCORE)***
c/o Chamber of Commerce 462-1105
150 Lincoln Square, Valparaiso

**Contact:** Richard J. Dasse, Public Relations Officer
**Office Hours:** 9:00 a.m. - 12:00 noon Wednesday only
**Eligibility & Fees:** SCORE's Business Advise and Counseling Services are free, non-political, confidential -- are offered to anyone upon request, whether just planning on starting a business or in business now and experiencing a problem. SCORE is sponsored by SBA - United States Small Business Administration.

SCORE provides business counseling to business owners who are having problems. Advice and counseling to persons interested in starting a business is also provided. SCORE covers five counties: Lake, LaPorte, Jasper, Newton, and Porter.

***SEXUAL ASSAULT RECOVERY PROJECT VICTIMS ASSISTANCE UNIT***
Courthouse Room 409 465-3408
Valparaiso, IN 46383

**Contact:** Carol Bradley, Director
**Office Hours:** 8:30 a.m. - 4:30 p.m.

**Eligibility & Fees:** No charge, project funded through the Indiana Criminal Justice Institute and Porter County Prosecutor's office. The Project works with survivors of sexual assault/abuse through the recovery process providing support, information, crisis intervention, referral & advocacy with appropriate social services and the legal system. The project also provides advocacy information, and support during criminal proceedings for victims who pursue charges in the criminal justice system. Services include lending library, support groups for adult survivors of child sexual abuse, other support groups as need indicates, one on one counseling, information packets about sexual assault & abuse, community education and a speaker upon request.

***SHRINE HOSPITALS FOR CRIPPLED CHILDREN***

Orthopedic & Spinal
2211 N. Oak Park Ave.
Chicago, IL 60635
312-622-5400

Burns Center
202 Goodman St.
Cincinnati, OH 45219
513-872-6000

(Day) 462-0144
(Eve.) 462-6269

**Contact:** John F. Taylor
**Office Hours:** Variable
**Eligibility & Fees:** Children from birth to 18 years - no charge with approved applications. Shriners accept no insurance, government support or third party pay. Local Shriner assists in filling out application and sponsors child. No application needed for fresh burns. Physician should call the Burns Center immediately and ask for the Chief Of Staff. For orthopedic and plastic surgery call John Taylor. Spinal cord injuries Physician should call Chief Of Staff at the Chicago Unit. Hospitals funded by donations and from members of the Shrine of North America.

General Orthopedics, Cerebral Palsy, Scoliosis, Myelomeningocele, Urology, Limb Deficiencies, Club Foot, Spinal Cord injury, Neurology, Neurosurgery, Rheumatology, Genetics, Prosthetics, Osteogenesis Imperfecta, Cleft Lip, Juvenile arthritis, brittle bone disease.

***SHULTS-LEWIS CHILD & FAMILY SERVICES, INC.***

P O Box 471
Valparaiso, IN 46383

462-0513

**Contact:** Glen Adams, Director of Social Services
Rusty Stark, Intake Counselor
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F, 24-Hour Residential Svcs.
**Eligibility & Fees:** Children, age 10-18 are eligible for group care. Sliding scale for private referrals. Per diem of $98 (1990) for public agencies. Shults-Lewis is supported and funded by Churches of Christ.

The agency provides foster care, adoption, residential treatment group care including on-grounds school and vocational training. Individual & family counseling is provided. Summer program includes work-training program for children 15 and older, recreational/academic enrichment program for children 14 and younger.

***SOCIAL SECURITY ADMINISTRATION***

1757 Thornapple Circle
Valparaiso, IN 46383

464-1015

**Contact:** Daniel Lowery, Branch Manager
Cyndy Shurlock, Supervisor
**Office Hours:** 9:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** No fees. Eligibility varies according to

program.
The Social Security Administration provides financial assistance to individuals under Social Security, Medicare, Supplemental Security Income (SSI) and black lung programs. The agency is a division of the Department of Health and Human Services (HHS) of the federal government.

***SUMMER YOUTH PROGRAM (SYP) (SEE KANKAKEE VALLEY JOB TRAINING)***

***SPECIAL EDUCATION LEARNING FACILITY (SELF)***
750 Ransom Rd. 464-9607
Valparaiso, IN 46383

**Contact:** John Maesch, Principal
**Office Hours:** 7:30 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Education services provided to preschool children (3-5 years old) who have a condition which will prove to be handicapping when the child enters school. Education services are provided to school age children (6-19 years old) who are moderately or severely/profoundly mentally handicapped or those with other severe disorders. Regular school registration fees. Students must meet the eligibility requirements as outlined by Indiana State Rule S-1 and Federal Public Law 94-142.

SELF provides individualized educational therapeutic services to children with handicapping conditions including speech and language disabilities, visual impairment, hearing impairment, physical impairment, behavioral disorders and mental retardation.

***SPRING VALLEY CENTER***
855 W. Morthland, P O Box 216 465-1022
Valparaiso, IN 46383

**Contact:** Joanne Maynard, Program Director
**Officer Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Facility and service for homeless persons who express desire to enter the program voluntarily. Must be willing and able to understand and comply with house rules and participate in all facets of the program. Fees are based on resident's income.

Spring Valley Center, sponsored by Christian Community Action, is an emergency/transitional facility for homeless persons. The facility and program provide a stable environment with supportive services designed to offer residents maximum opportunity to gain/regain a self-sufficient lifestyle. Funding provided through United Way of Porter County and other sources.

***ST. PAUL CLOTHING CENTER***
1855 Harrison Blvd. 462-0074
Valparaiso, IN 46383

**Office Hours:** 4:00p.m. - 6:00p.m. M, 1:00p.m. - 3:00p.m. TWTHF
9:00a.m. - 12:00p.m. Sat.
**Eligibility & Fees:** None

St. Paul Clothing Center gives free clothing to people in need.

***THE SUNRISE PROGRAM***
c/o Porter-Starke Services 464-8541
601 Wall Street, Valparaiso

**Contact:** Helen Daehnke, BA, Partial Program Manager
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Services clients age 55 and older. Funded

through Medicaid, Title XX and private pay based on sliding scale according to income. There is an additional charge of $3 per day for lunch purchased at the program.

The Sunrise Program is a day treatment program for older adults. Group members participate in a variety of therapeutically oriented social, educational and recreational activities. The program meets five days a week: Monday through Friday from 9:00 a.m. to 2:00 p.m. at 601 Wall St.. The program is provided by Porter-Starke Services.

***TOWNSHIP TRUSTEE -- POOR RELIEF***

**Contact:** Information & Referral -
United Way of Porter County - 464-3583

The Township Trustee is the chief administrative officer of the township and is elected for a term of four years by vote of the entire township. Among his duties, every township trustee is designated as overseer of the poor. Whenever a claim for relief is made for the benefit of any person or families of persons claiming to be poor and in distress, it is the duty of the township trustee to investigate the circumstances and, if the need is verified, grant relief.

***TRADEWINDS REHABILITATION CENTER, INC.***

5901 W. Seventh Ave., P O Box 6308 949-4000 (Adult Svcs.)
Gary, IN 46406

**Contact:** Miranda A. Boger, Children's Services
Helen Rutkowski, Adult Services

**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F

**Eligibility & Fees:** Serves the physically, mentally and emotionally handicapped child, teenager, and adult upon referral from physician. No client is denied service because of inability to pay; fees are on a sliding scale based on income. Funding sources: Medicare, Medicaid, Title XX, private insurance, Crippled Children's Program, and Division of Vocational Rehabilitation.

The goal of Tradewinds is to rehabilitate or habilitate, through diagnosis and/or remediation in order that each individual may reach his/her maximum potential. Services include audiological services, child development program, occupational therapy, physical therapy, speech therapy, social services, psychological services, visually handicapped programs, vocational evaluation, work adjustment training, transportation and equipment loans.

***UNITED WAY OF PORTER COUNTY***

825 E. Lincolnway 464-3583
Valparaiso, IN 46383

**Contact:** L. Dean Moore, President
Kelly D. Steggerda, VP/Allocations & Finance
Robert K. Scott, VP/Communications & Marketing
Madge Whickcar, AFL-CIO Community Svcs. Liaison

**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F

**Eligibility & Fees:** United Way allocates funds to programs within member agencies which must meet and agree with United Way guidelines for fund raising, accountability and budgeting. Assistance to individuals is provided through member agencies and on-going programs.

The United Way is a fund raising, planning and allocating agency. Twenty-nine member agencies and forty-one on-going programs in Porter County receive funding from the United Way of Porter County (1992

allocation figures).

***VALE PARK PSYCHIATRIC HOSPITAL A DIVISION OF PORTER-STARKE SERVICES INC.***
701 Wall Street 464-8541
Valparaiso, IN 46383

**Contact:** Lee Grogg, CEO
David Frieske, Chief Medical Officer

**Office Hours:** 24-Hour Emergency Service & Information

**Eligibility & Fees:** Services provided through four separate hospital units. Fee subsidies available for families who qualify (income, family size, insurance and residence). Low income families and persons on social security may be eligible for funded services under Title XX. Other funding sources include fees and insurance reimbursement, state, federal and county funds, United Way of Porter County and philanthropic sources. JCAHO accredited.

Vale Park Psychiatric Hospital, a division of Porter-Starke Services, Inc., is a specialized acute care hospital which provides dual diagnosis and mental health services for adults and treatment services for children (ages 8-13) and adolescents (ages 14-18) through the Bridges and Milestones Programs respectively in conjunction with AAP Mental Health Resources. The adolescent program treats adolescents who demonstrate aggressive behavior, severe depression, suicidal ideation, thought disorders, or who may be a danger to themselves or others.

***VALPARAISO ALCOHOL AND DRUG ABUSE COMMITTEE***
c/o Valparaiso High School 464-1002
2727 N. Campbell, Valparaiso

**Contact:** Jerry Wetmore-Kirby

**Office Hours:** 7:00 a.m. - 3:00 p.m.

**Eligibility & Fees:** No fees for Valparaiso residents.

VADAC is a community group whose purpose is to encourage and support a positive atmosphere for Valparaiso schools and community, as well as promote a drug free environment. The Committee is instrumental in developing policy and curriculum for Valparaiso Schools.

***VALPARAISO UNIVERSITY LAW CLINIC***
Heritage Hall 465-7903
Valparaiso, IN 36383

**Contact:** David Vandercoy, Director

**Office Hours:** 9:00 a.m. - 5:00 p.m M-Th, 9:00 a.m. - 4:00 p.m. F

**Eligibility & Fees:** No fees for income-eligible clients. Eligibility based on income guidelines. Funded by Valparaiso University and the Department of Education.

Third year law students, supervised by attorneys, provide income-eligible clients with legal representation in the areas of consumer, housing, family, public entitlements and criminal law. Clients should contact the receptionist for appointment information.

***VETERANS AFFAIRS***
Courthouse Room 106 465-3587
Valparaiso, IN 46383

**Contact:** Jack Highberger

**Office Hours:** 8:30 a.m. - 4:30 p.m. M, W, Th

**Eligibility & Fees:** No fees. Serves veterans, wives and children of veterans. Funded by Porter County Government.

The Veterans Affairs officer assists veterans, their wives, and

dependents with information and counseling regarding education, loans, hospital and pension benefits. The office also processes and files applications and claims for all types of pension benefits.

***VISITING NURSE ASSOCIATION FAMILY FOCUS***
301 E. 8th Street 879-9574
Michigan City, IN 46304 1-800-582-4198

**Contact:** Gwenne Castor, Program Director
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Fees are different for each program. See below.

The programs of the VNA are:

1. Children Cope with Divorce - Attendance can be by self registration or by court mandate. The four hour seminar costs $35 per participant. The seminar focuses on the needs of children when their parents are divorcing. Topics include: Typical reactions of children, developmental needs of children, skills to help children cope, and pitfalls to avoid. The seminar includes lecture, videos, and role plays.
2. Keeping Kids in Safe Surroundings (KKISS) - Referrals can only come from the Division of Family and Children. IV - B Funding. KKISS is an intensive home-based social intervention program designed to keep families who are in crisis intact. The program team members help parents to use appropriate discipline, improve parenting skills, and utilize community resources. KKISS works to prevent removal of children and to reunify families.

***VISITING NURSE ASSOCIATION OF PORTER COUNTY***
501 Marquette 462-5195
Valparaiso, IN 46383

**Contact:** Laura Harting, RN
**Office Hours:** 8:00 a.m. - 4:30 p.m. M-F
**Eligibility & Fees:** Home health care services are available to people of all ages who are essentially homebound, in need of intermittent professional health care, and under the care of a physician who is willing to provide orders. Fees may be paid by third party payers such as Medicare, Medicaid, private insurance and the VA, subsidized services are also available. Porter County HOSPICE patients must be terminally ill with life expectancy of 6 months or less; patient and family must contractually accept the Hospice concept of care.

The programs of the VNA include:

1. VNA Home Health Care - A team of health professionals including nurses, physical therapists, occupational therapists, speech therapists, medical social services, dietician and home health aides are available to provide intermittent care in the patient's home. High tech nursing services are also available 24 hours a day for telephone consultation and visits if indicated.
2. VNA Hospice Home Care - Allows those with a terminal illness to remain in their home by focusing on improving the quality of life through a team approach. The patient/family is the center of the team joined by the patient's physician as well as nurse, medical director, home health aide, medical social worker, clergy and specially trained volunteers. Hospice strives to meet the vast range of physical, emotional, social and spiritual concerns of the patients and serves as a resource and support to family members for

at least one year following the death of the patient. Unique features include pain control, 24-hour availability of staff and use of volunteers to provide support and relief for families.

***VOLUNTEER ACTION CENTER OF PORTER COUNTY***
c/o Westchester Public Library 926-7696
200 W. Indiana Ave., Chesterton
**Contact:** Jane Walsh-Brown
**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Free of charge, funded by Westchester Public Library, open to persons of all ages.
The Volunteer Center provides a necessary link between those persons who wish to volunteer their time, talents and skills and those agencies and organizations who need and use volunteers. The center distributes a directory of volunteer opportunities in Porter County.

***WESTCHESTER NEIGHBORS PANTRY***
P O Box 902 926-6388
Chesterton, IN 46304
**Contact:** Marian Kalbe
**Office Hours:** 9:00 a.m. - 11:00 a.m. Tues. (rotating)
**Eligibility & Fees:** Must have a demonstrated need for food items. Donations and contributions are provided by community groups, churches, individuals, and businesses.
Westchester Neighbors Food Pantry is a registered non-profit corporation operated by volunteers and charged with the responsibility of providing food to needy families and individuals residing within Westchester, Liberty, Jackson, and Pine Townships.

***WIC-HHS (WOMEN, INFANTS, AND CHILDREN)***
2535 Portage Mall 762-3185
Portage, IN 46368
**Contact:** Shari Warne, RN, WIC Coordinator
**Office Hours:** 8:00 a.m. - 4:30 p.m. T-F, 8:00a.m. - 6:30p.m. M
**Eligibility & Fees:** No fees. Eligibility regarding income may be determined by phoning office. Funded through the United States Department of Agriculture through a grant to the State Health Dept.
The WIC program is basically a nutrition education program for pregnant and breast feeding women and infants through 4 years old. Participants receive vouchers which can be redeemed for approved foods at specially designated grocery stores. WIC participants also receive nutrition education, individual nutrition counseling and referrals to health services.

***WHISPERING PINES HEALTH CARE CENTER***
3301 North Calumet 462-0508
Valparaiso, IN 46383
**Contact:** Frank T. Frye, Executive Director
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
**Eligibility & Fees:** Admission and care is available to all residents without regard for race, color, national origin, handicap or age. Certified for Medicare and Medicaid.
Whispering Pines provides excellent holistic care, primarily for older adults, in tastefully decorated surroundings. Founded in 1969 by the Porter County Council of Church Women as a not-for-profit facility.

***WILLOWCREEK ESTATES***
5990 Wonderland Drive 762-3180
Portage, IN 46368

**Contact:** Nancy A. Grinnell, Resident Mgr.
Georgia Butler, Leasing Agent

**Office Hours:** 8:00 a.m. - 12 noon, 1:00 p.m. - 5:00 p.m. M-F
9:00 a.m. - 1:00 p.m. Saturdays

**Eligibility & Fees:** No fees for application. We are no longer accepting applications for Section 8 housing.

Willowcreek Estates has two bedroom apartments & two bedroom town houses and three bedroom town houses.

***THE WILLOWS REHABILITATION CENTER***
1000 Elizabeth Street 464-4858
Valparaiso, IN 46383

**Contact:** LuAnn Nebelung, Administrator

**Office Hours:** 9:00 a.m. - 5:00 p.m. M-F

**Eligibility & Fees:** Admission and care is available to all residents without regard for race, color, national origin, handicap or age. Certified for Medicare and Medicaid.

The Willows is the center of choice for rehabilitation. Their reputation is unsurpassed in this area. We also offer respite care for short term stays.

***YMCA - DUNELAND Area***
215 Roosevelt Street 926-4204
Chesterton, IN 46304 Fax 926-2603

**Contact:** Mark McKibben, Executive Director
Kelly Albert, Program Director

**Office Hours:** 6:00 a.m. - 10:00 p.m. M-F, 8:00 a.m. - 5:00 p.m. Sat., 12:00 p.m. - 5:00 p.m. Sun. (Sept.-May)
6:00 a.m. - 8:00 p.m. M-F (June-Aug.)

**Eligibility & Fees:** Everyone welcome. Different memberships available. Scholarships available. Funded by United Way of Porter County, contributions, program and membership fees.

Duneland YMCA offers day care center, after school care, summer day camp, fitness and recreational programs.

***YMCA - PORTAGE TOWNSHIP***
2712 Willowcreek 762-2012
Portage, IN 46368

**Contact:** Bruce H. Lindner, Executive Director

**Office Hours:** 9:00 a.m. - 6:00 p.m. M,W
9:00 a.m. - 3:00 p.m. T,TH

**Eligibility & Fees:** Everyone welcome. Annual membership currently $42 per person. Scholarships available. Funded by United Way of Porter County.

Portage Township YMCA offers a preschool program, before and after school child care, summer day camp, swimming, scuba, snorkeling, life guarding, fitness, water exercise, karate, gymnastics, open basketball leagues, and cheerleading.

***YMCA - VALPARAISO***

55 Chicago Street 462-4185
Valparaiso, IN 46383

**Contact:** Richard Carlson, Executive Director
**Office Hours:** 8:00 a.m. - 5:00 p.m. M-F
**Building hours:** 6:00 a.m. - 10:00 p.m. M-F
8:30 a.m. - 5:00 p.m. Sat.
1:00 p.m. - 5:00 p.m. Sun.
**Eligibility & Fees:** Fees vary for services, financial aid available for membership and program fees. Funded by United Way of Porter County, contributions and fees.

Valparaiso YMCA offers child care, youth development, out-reach work with teens at risk youth and special programs for senior citizens and the handicapped. Facilities include 2 swimming pools, 2 gyms, racquetball courts, locker rooms, fitness facilities, and equipment and child care facilities.

***YOUTH SERVICE BUREAU OF PORTER COUNTY, INC.***

253 W. Lincolnway, Valparaiso 464-9585
6469 Central Ave., Portage 763-6623

**Contact:** Dennis Morgan, Executive Director
Jon Kuss, MSW, Assistant Director
**Office Hours:** 8:30 a.m. - 9:00 p.m. M-Th; 8:30 a.m. - 6:00 p.m. F
**Eligibility & Fees:** Porter County children ages 3-17 and their families. Fees based on income and vary with program. No one denied service because of an inability to pay. Funded by county government, United Way of Porter County, Department of Mental Health, Family and Social Services Administration, State of Indiana, foundations, fees for service and contributions.

The Youth Service Bureau provides the following programs and services:

1. Learning Place - basic academic program with a strong affective emphasis for middle school/junior high children unable to attend public schools. Substantial parental involvements. (see separate listing)
2. Niequist Center for Residential Care - residential treatment for behavior disordered and emotionally disturbed adolescents. Substantial parent involvement. (see separate listing)
3. Out-Client Program - provides comprehensive and multi-dimensional services for children ages 7-17 who are having trouble getting along with others and in meeting their responsibilities at home and school. The program's experiential base provides many opportunities for decision making and immediate feedback.
4. Prevention Programs - offer a variety of services for the court and for families who have been abusive or neglectful in the care of their children. Includes CASA (Court Appointed Special Advocate), Parent-Aide, Nurturing Program, Parent Education and Group Treatment/Support Groups.
5. Parent and Family Education - Community wide classes and workshop series.
6. Step-Ahead - State supported child care subsidies for low and moderate income families. Please call for eligibility and application information.

# SUPPORT GROUPS

**ADULT CHILDREN OF ALCOHOLICS (ACOA)** - Support group for men and women recovering from long term effects of being raised in an alcoholic environment. Porter-Starke Services 464-8541.

**AIDS TASKFORCE** - LaPorte and Porter County. HIV support group 926-5555.

**ALCOHOLICS ANONYMOUS** - A nation-wide organization of recovered alcoholics who are then used as volunteers to help alcoholics recover. AA office for Lake and Porter County 980-3475.

**ALZHEIMER'S DISEASE SUPPORT GROUP** - Support group for families of victims of Alzheimer's Disease whether cared for at home or institutionalized. Porter County Council on Aging & Community Services 464-9736 or 464-9904.

**CANDLE LIGHTERS OF NORTHWEST INDIANA** - A support group formed to help parents of children with cancer. Linda Hugg 696-8838 or Sue Vargo at 884-5033.

**CANSURMOUNT** - American Cancer Society 464-2895.

**COMPASSIONATE FRIENDS** - A self help organization offering friendship and understanding to bereaved parents. 462-8107 or 762-6852.

**CONCERNED ADULTS REPRESENTING THE ELDERLY (CARE)** - Support group for families who have a relative in a nursing home. Pavilion Health Care Center 474-4976.

**COUPLE TO COUPLE LEAGUE** - Natural family planning techniques are taught by certified volunteer couples 465-1163.

**DAUGHTERS OF THE ELDERLY BRIDGING THE UNKNOWN TOGETHER (DEBUT)** - Support group for women caring for aged parents 464-1028.

**EPILEPSY SUPPORT GROUP** - Indiana Epilepsy Services. Anita Kuker 662-0379.

**HOPE** - A support group for parents of children with diabetes 464-3248 or Porter Memorial Hospital 465-4646.

**LA LECHE LEAGUE OF VALPARAISO** - This group supports, encourages and educates mothers who wish to breastfeed their babies. 462-0304 or 464-4610.

**LOST CHORDS** - A self help group for persons who have had laryngectomies. American Cancer Society 464-2895.

**MANIC DEPRESSIVE AND DEPRESSIVE ASSOCIATION (MDDA)** - A national support group for patients and families of patients having been diagnosed as manic, depressive, or both 942-5772 or Porter-Starke Services 464-8541.

**OSTOMY GROUP** - A visiting service by and for persons experiencing ostomy surgery. American Cancer Society 464-2895.

**OVEREATERS ANONYMOUS** - A self help group to help persons who cannot control their eating habits. 762-8669 or 929-9146.

**PARENTS FOR PERMANENCE** - A support group for adoptive parents and potentially adoptive parents. 462-2112.

**REACH FOR RECOVERY** - A visiting service by and for women who have had breast surgery. American Cancer Society 464-2895.

**RAINBOW FOR ALL GOD'S CHILDREN** - A peer support group for children who have suffered a significant loss. 465-1661

**SPINA BIFIDA SUPPORT GROUP** - For parents of spina bifida children and others who are interested 462-1794.

**STROKE RECOVERY** - A support group through Porter Memorial 465-4674.

**STROKE SURVIVORS** - A support group for patients who have suffered a stroke. Bobbie Carper 926-7863.

**TALKING BOOKS SERVICE** - Service for blind and physically disabled. Lake County Public Library 769-3541 ext. 237.

**WIDOWED TO WIDOWED** - A support group for newly widowed women. Mental Health Association 462-6267.

**YOUNG WOW** - A support group for young widowed people. Evening meetings. 942-4552 or 462-2082.

# ADDITIONAL HELPFUL NUMBERS

**Ambulance Services**

| | |
|---|---|
| Portage Fire Department Emergency | 911 |
| Non-Emergency | 763-2455 |
| PMH EMS Emergency | 464-9661 |
| North County | 926-6126 |
| Non-Emergency | 464-9663 |
| North County Non-Emergency | 926-8366 |

**Chambers of Commerce**

| | |
|---|---|
| Portage Chamber of Commerce | 762-3300 |
| Valparaiso Chamber of Commerce | 462-1105 |
| Duneland Chamber of Commerce | 926-5513 |
| Hebron Chamber of Commerce | 996-2100 |
| Kouts Chamber of Commerce | 766-2626 |

**Health Agencies**

| | |
|---|---|
| American Diabetes Association | 1-800-228-2897 |
| American Heart Association, NW Ind. Division | 756-9512 |
| American Lung Association of NW Indiana | 769-4264 |
| Indiana Epilepsy Services | 662-0379 |
| March of Dimes, NW Indiana Chapter | 942-0957 |
| Muscular Dystrophy of Indiana | 317-632-8255 |
| National MS Society | 1-800-624-8236 |
| MS Society, Indiana State Chapter | 1-800-762-1209 |

**Nursing Homes**

| | |
|---|---|
| Canterbury Place Nursing Home | 462-6158 |
| Chesterton Health Care Center | 926-8387 |
| Fountainview Place | 762-9571 |
| Life Care Center of Valparaiso | 462-1023 |
| Miller's Merry Manor | 763-2273 |
| Pavilion Health Care Center | 464-4976 |
| Whispering Pines | 462-0508 |
| The Willows Rehabilitation Center | 464-4858 |

**Schools**

| | |
|---|---|
| Duneland School Corporation | 926-1102 |
| Portage Township Schools | 762-6511 |
| Porter County Schools | 462-5841 |
| Porter Township School Corporation | 477-4933 |
| Union Township School Corporation | 759-2531 |
| Valparaiso Community Schools | 462-5157 |

**Colleges & Universities**

| | |
|---|---|
| Indiana Vocational Technical College | 464-8514 |
| Valparaiso University | 464-5000 |
| Purdue North Central | 462-4197 |

## Libraries

| | |
|---|---|
| Hebron Public Library | 996-3684 |
| Kouts Public Library | 766-2116 |
| Portage Public Library | 763-1508 |
| South Haven Public Library | 759-4474 |
| Valparaiso Public Library | 462-0524 |
| Westchester Public Library | 926-7696 |

## Nursery Schools/Child Care

| | |
|---|---|
| Children's World School | 465-0875 |
| Country Woods | 464-1787 |
| Crisman Child Care | 762-7075 |
| First Christian Church Day Care | 462-0711 |
| First Presbyterian Weekday Nursery School | 464-4985 |
| Garyton Covenant Junior Kindergarten | 762-0084 |
| Humpty Dumpty Nursery School | 462-0739 |
| Montessori School | 462-1932 |
| Mother Goose Nursery School | 762-4441 |
| My Friends & Me Preschool | 926-4243 |
| Noah's Ark | 464-4504 |
| Portage Christian Schools | 762-9531 |
| Porter County Head Start | 477-5492 |
| Step Ahead | 464-9585 or 464-7282 |
| Tender Care Daycare | 762-5437 |
| Tender Loving Care Nursery | 462-9624 |
| Tiny Tim's Nursery School | 465-0882 |
| Tot's Haven | 759-4916 |
| Wee Care Child Develop. Center | 462-1214 |

# Food Pantries

**Boone Grove** - Boone Grove Christian Church, Box 92, 551 S. 265 W.
Contact Person: Max Beier - 462-3675 Evenings
Hours: On call as needed.

**Chesterton** - Westchester Neighbors Pantry, Community Building,
Contact Person: Marian Kalbe - 926-6388
Hours: 9:00 am - 11:00 am every other Tuesday.

**Hebron** - Hebron Country Pantry, 202 W. Church Street
Contact Person: LaVerne Martin - 996-4525
Hours: 8:30 am - 9:30 am First & Third Mondays

**Kouts** - Pleasant Township Food Pantry, St. Rd. 49 & 900 W.
Contact Person: Mariel Grieger - 766-3627
Hours: 1:00 pm - 3:00 pm Monday.

**Portage** - Portage Township Emergency Food Pantry, Garyton School, 5391 Central.
Contact Person: Evert Butler - 762-6113
Hours: 9:00 am - 1:00 pm Wednesday.

Nativity of Our Savior Food Pantry, 2929 Willowcreek
Contact Person: Carol Cruz - 762-5440
Hours: 9:00 am - 11:00 am Last two Sat. of Month.

First Assembly of God, 5976 McCasland Rd.
Contact: 762-2415
Hours: 9:00 am - 11:00 am Third Tues. of Month.

**Valparaiso** - Christian Pantry, 7 Chicago St.
Contact Person: Nan Steeves - 926-7041
Hours: 10:00 am - 12 noon Monday & Wednesday.

Immanuel Lutheran Church, 1700 Monticello Pk. Dr.
Contact Person: Darlene Mortimer - 462-8027
Hours: 1:00 pm - 3:00 pm Tuesday & Thursday.

Salvation Army, 772 Fremont Rd.
Contact: 759-1977

# PORTER COUNTY GOVERNMENT

465-3400
759-2501 - North County Annex
996-4151 - Hebron Callers
926-8585 - Pine Township Callers
1-800-552-8917 - Indiana State Police

| | |
|---|---|
| Animal Shelter | 465-3550 |
| Assessor | 465-3460 |
| Assessor (Center Township) | 465-3545 |
| Assessor (Portage Township) | 759-2501 |
| Auditor | 465-3445 |
| Civil Defense | 465-3490 |
| Clerk | 465-3450 |
| Clerk County Court #1 | 465-3413 |
| Clerk County Court #2 | 465-3512 |
| Clerk, Marriage & Support | 465-3456 |
| Commissioners | 465-3440 |
| Courts: | |
| Circuit | 465-3425 |
| Court Commissioner | 465-3440 |
| County Court #1 | 465-3412 |
| County Court #2 | 465-3512 |
| Court Secretaries | 465-3435 |
| Crampton Security Center | 465-3515 |
| Data Processing | 465-3480 |
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| Drainage Board | 465-3560 |
| Expo Center | 465-3539 |
| Extension Office | 465-3555 |
| Health Department | 465-3525 |
| Highway Department | 465-3570 |
| Janitor | 465-3381 |
| Museum | 465-3595 |
| North County Annex | 465-3512 |
| Park Department | 465-3441 |
| PCADOS | 465-3565 |
| Planning Commission | 465-3540 |
| Prosecutor | 465-3415 |
| Adult Probation | 465-3420 |
| Juvenile Probation | 465-3475 |
| Recorder | 465-3465 |
| Sherriff's Department | 465-3515 |
| Sherriff's Garage | 465-3590 |
| Surveyor | 465-3560 |
| Treasurer | 465-3470 |
| Veteran's Affairs | 465-3587 |
| Voter's Registration | 465-3486 |
| Weights & Measure | 465-3585 |
| Welfare Department | 462-2112 |

**RESOURCE DIRECTORY ORDER FORM**

Name of Organization or Person _____

Address _____

Phone Number _____

Number of Directories _____

**Note:** First two Directories are free per organization. Additional Directories are $3 per.

Send to: United Way of Porter County
825 East Lincolnway
Valparaiso, IN 46383

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**RESOURCE DIRECTORY ORDER FORM**

Name of Organization or Person _____

Address _____

Phone Number _____

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**RESOURCE DIRECTORY ORDER FORM**

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Send to: United Way of Porter County
825 East Lincolnway
Valparaiso, IN 46383

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**RAPE COUNSELING**
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